Nov 22nd-Nov 28th 2026

The Underground Lou

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Issue #179

Wallitsch Gardens holiday festival to feature tree lighting, Santa and adoptable pets

Family and dog-friendly celebration to benefit Animal Care Society

Wallitsch Gardens will host its 2026 Holiday Festival on December 5 from 11:00a.m. to 2:00p.m. at 2608 Hikes Lane. A tree lighting ceremony at noon will serve as the centerpiece of the event, which will also include photos with Santa, live music by Jacob Head, holiday drinks and raffles benefiting Animal Care Society.

The family- and dog-friendly festival will include adoptable pets from Animal Care Society, giving visitors an opportunity to meet animals looking for permanent homes and learn about the adoption process. A donation drive will collect food, treats, cleaning supplies and other items for the shelter.

Families are welcome to bring children and dogs for photos with Santa. In partnership with Squeeze the Day, the festival will offer a hot chocolate bar and other hot drinks.

The festival will highlight Wallitsch's locally sourced Christmas trees and its focus on quality. Staff will share tree-care tips with customers, helping families prepare to care for their trees at home.

"Choosing a Christmas tree is a tradition that families return to year after year," said Jeff Wallitsch, co-owner of Wallitsch Gardens. "We want the festival to give people time to enjoy that experience together, learn about their trees and help us celebrate the season with a tree lighting."

Guests can also participate in an ornament discount pull by selecting an ornament from a designated tree to reveal a discount on their entire purchase. One ornament will offer 75% off, while the remaining ornaments will offer 10%, 15% or 20% off.

RAFFLES BENEFITING ANIMAL CARE SOCIETY

Raffle entries will open ahead of the festival, with details shared through Wallitsch Gardens' social media channels. The raffles will raise money for Animal Care Society and offer three opportunities to win:

- $2 entry: A chance to win a live greenery wreath.
- $5 entry: A chance to win a $100 Wallitsch Gardens gift card.
- $10 entry: A chance to win a 5–6-foot Fraser fir Christmas tree.



ANIMAL CARE SOCIETY DONATION DRIVE

Wallitsch Gardens will collect the following items to support animals in Animal Care Society's care:

- Wet food for dogs and cats.
- Cat litter, including clay and pellet varieties.
- Cleaning supplies, including trash bags, Fabuloso, bleach and paper towels.
- Treats for dogs and cats.
- Enrichment items, including large Kongs, hard toys for dogs and soft toys for cats.

Donations may be dropped off at the front register at Wallitsch Gardens, 2608 Hikes Lane, Louisville, KY 40218. For festival updates, visit www.wallitsch.net.

About Wallitsch Gardens

Wallitsch Gardens is a full-service garden and lifestyle center dedicated to the success of individual do-it-yourself gardeners, hobbyists, and professional landscapers. Wallitsch Gardens features a huge selection of annual bedding plants, most grown in their own greenhouses.

Wallitsch Gardens Seasonal Hours
Monday - Friday: 10:00am - 6:00pm
Saturday: 9:00am - 5:00pm
Sunday : 11:00am - 5:00pm

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What to Do in the Lou

11/25 Her. Ladies Night: Friendsgiving Edition 6PM-10PM Smokeasy 566 S. 5th St. www.smokeasycigarlounge.com

11/25 Eric Kimbrough: The Pre Thanksgiving Comedy Show 7PM Louisville Comedy Club 110 W. Main St. www.louisvillecomedy.com

11/25 6th Annual Turkey Roll Adult Skate 7PM-11PM Robben's Roost 5906 Six Mile Ln. 502.491.8170 $10 cash only

11/25 Southern Hospitality 9PM Foko 911 Logan St. www.posh.com *free

11/25 Home for the Holidays 10PM-3PM Atomic Soundclub **********

11/26 Juice Bowl 2026 9AM-2PM Shawnee Park 4501 W. Broadway 502.200.5930

11/26 Roll Call Thursdays: Thanksgiving Skate 7PM-10PM Robben's Roost 5906 Six Mile Ln. 502.491.8170 $10 cash only

11/27 Friday Night Live: Black Friday Edition Feat. Marie SeVon 9PM The Bay Cigar Lounge 901 Eastern Blvd. Clarksville, IN www.eventbrite.com $10

11/27 Afterglow Social Black Friday Edition 9PM-12AM Bar Nada Nada 829 E. Market St. www.barnadada.com *free

11/27 Annual All Black Fade 2 Black Thanksgiving Celebration 10PM-3AM Cardinal Stadium 215 Central Ave www.goodtimersentertainment.com

11/28 Fleur De Flea: Vintage Holiday Pop-Up 10AM-5PM Germantown Gables 986 Swan St. www.thefleurdeflea.com

11/28 Flow with Aja 11AM Under the North Star 2430 Portland Ave. www.underthenorthstar.com

11/28 Grown Folks Only 10PM-2PM Wakanda City Lounge 161 E. Reynolds Rd. Lexington, KY 859.286.9235 *30 and up

11/29 Small Business Saturday 12PM-6PM Logan Street Market 1001 Logan St. www.loganstmarket.com

11/28 Good Grief 2PM Under the North Star 2430 Portland Ave. www.underthenotthstar.com *donation based

12/3 Afterwork Kickback Sag Bash: A 90's R&B Repeal Day Celebration 6PM-12AM Whirling Tiger 1335 Story Ave wwwwww.partiful.com *free

12/5 Bourbon, Blues & Boots: Five Dolla Field Party 6PM The Event Spot 290 Briggs Ln. Vine Grove, KY www.eventbrite.com

12/6 Women in Film Holiday Party 3PM-6PM TEN20 Brewery 1020 E. Washington St. www.womeninfilmky.org

SUDOKU

Answers on pg. 2

	2		7	1				
		5				1	3	2
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3								7
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STELLA'S VENUE
ZOGOHOST

Editor's Note: *"Go to where you are loved, valued and appreciated. It increases the amount of joy in your heart."*

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Using Price to Increase Profits and Grow Revenues

Smarter Pricing Guidelines for Small Businesses

It's a surprising reality that many small business owners often undervalue their products or services, which can significantly hinder their growth potential. This Live Online Workshop is designed to instruct you in common pricing methods and guide you in determining which approach aligns best with your unique business model. We'll tackle crucial questions: How can you discern if your pricing is hitting the mark—or missing it entirely? Is it feasible to increase your prices and still boost sales? What exactly constitutes smarter pricing for small businesses? You'll gain the confidence to make informed financial decisions that can lead to greater profitability and success.

You will be put on the path to a better understanding of: How to Price for Profit and Growth, the difference between mark-ups and actual profit margins, how to calculate and utilize your Cost of Goods Sold in pricing, pricing models for service businesses, consultants, online and storefront retailers, and manufacturers, using fixed or variable costs to price for profit

This workshop will engage the business owner in how to analyze costs to be able to better format various pricing models: cost plus pricing, competition-based pricing, good / better/ best models, margin-based pricing, when to utilize premium vs. discount strategies, how to calculate a break-even sales goal

Location: online **Date:** December 15th **Time:** 10:00 am **Fee:** $10 **Register** at www.score.org.

Sis, Let's Talk: Finish the Year Without Running Yourself Into the Ground

Dr. Ashley D. Cham @drashleydcham

December hasn't even started, and you may already feel behind. There are gifts to buy, events to attend, work deadlines to meet, and goals from January that suddenly feel urgent. Somewhere between Thanksgiving leftovers and the first holiday party, you start calculating how much you can squeeze into the remaining weeks of the year.

Sis, please pause before you turn December into a personal endurance test.

You still have time to do meaningful things this year. You also have permission to decide that some things can wait. I understand the pull of a goal. I'm the kind of woman who will accomplish something and immediately start thinking about what comes next. That drive has helped me do things I'm proud of. It has also made it easy to overlook how much I've already done.

Maybe you recognize yourself in that.

You finish one project and notice the three unfinished ones. You make progress with your health and focus on the number on the scale or clothing size you haven't reached. You keep your household moving through a difficult season and wonder why you weren't more productive. Before you judge your year, give yourself an honest accounting.
What did you carry? What changed unexpectedly? What did you learn? Where did you keep showing up when it would have been easier to quit?

Those answers belong in your reflection alongside the accomplishments you can put on a résumé. Now look at what remains on your list.

Which tasks have an actual deadline? Which matter to you personally? Which are there because you're worried about disappointing someone?

Choose a few priorities that deserve your attention this month. Give them realistic space on your calendar, including the time and energy they require. Then decide what you can simplify, share, or move into the new year. Maybe the holiday meal has fewer dishes. Maybe you attend one gathering instead of three. Maybe a project needs a January start date so you can give it the attention it deserves.

Being honest about your capacity allows you to make commitments you can keep. And while you're planning, include the ordinary care that makes your days more manageable. Make time to eat. Keep the appointment you've been postponing. Leave room to wind down at night. Choose movement you enjoy and can realistically fit into your week.

You don't have to wait for a fresh planner to begin treating yourself with care.

Here's your assignment before December begins:

- Write down three things you're proud of from this year, three priorities for the coming month, and one thing you're giving yourself permission to postpone.
- Be specific. Put the list somewhere you'll see it when the pressure starts building.
- There may still be things you wish had happened differently. You can acknowledge that without spending the rest of the year punishing yourself for it.
- Let December hold some satisfaction, some connection, and some breathing room.

You've spent eleven months living this year. Give yourself a chance to appreciate parts of it before you rush into the next one.

Healthy Recipes: Instant Creamy Potato Soup

Serves: 6 **Est. cost:** $5.64 **Est. cost per serving:** $0.94
Ingredients:

- 2 1/2 cups low sodium chicken broth or water
- 2 cups frozen chopped
- carrot, onion, celery blend OR 1 medium yellow onion, chopped
- 2 ea medium carrots, diced
- 2 ea stalks celery, diced
- 2 1/2 cups potato flakes
- 1/2 cup heavy cream or milk
- 1/4 tsp salt, or to taste
- 1/4 tsp black pepper, or to taste
- 1/4 tsp garlic powder

Optional Toppings: cheddar cheese, bacon, fresh herbs, diced bell pepper, red pepper flakes



Instant Creamy Potato Soup

Nutrition Facts

Serving Size: 1 Serving

Amount Per Serving		% Daily Value*
Calories	160.6 kcal	8 %
Total Fat	7.3 g	11 %
Saturated Fat	4.6 g	23 %
Trans Fat	0.2 g	
Cholesterol	22.4 mg	7 %
Sodium	164.5 mg	7 %
Total Carbohydrate	21.8 g	7 %
Dietary Fiber	2.4 g	10 %
Sugars	3.2 g	
Protein	2.7 g	5 %
Vitamin A	17 % • Vitamin C	32 %
Calcium	4 % • Iron	2 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Recipe provided by Reanetta Perkins, 2023.

Equipment: large pot, spoon, (optional: cutting board, knife)
Directions:

1. In a large pot, add broth and vegetables and bring to a simmer for 5 minutes (10 minutes if using fresh vegetables). Remove from heat.
2. Add potato flakes, heavy cream (or milk), salt, pepper, and garlic, and stir to mix. Add more milk or water for a thinner soup. Add more potato flakes for a thicker soup.
3. Taste and adjust seasonings.
4. Top with your favorite additions and enjoy!

Health Benefits: *Potatoes* contain soluble fiber called resistant starch that acts as a prebiotic by improving the gut. The skin of the potato contains potassium, which balances sodium levels in the body to help control blood pressure. *Carrots* are an excellent source of beta carotene, which is an antioxidant that converts to Vitamin A in the body. This nutrient supports the eyes, immune system, and growth and development. *Recipe provided by: LA Dixon, 2023*

SUDOKU

Answers

4	2	3	7	1	5	6	8	9
8	7	5	9	4	6	1	3	2
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9	5	8	2	7	4	3	6	1
2	8	9	4	3	7	5	1	6
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Aries 3/21-4/19 It's time to take a break from your everyday life! The Hermit is indicating that you may have a need to withdraw and reflect this week. It could be that you've been immersed in many new experiences or spent much of your time recently socializing. Now it is necessary to go for a walk in the forest, take a long bath, book a weekend getaway, or anything else that helps you disconnect from the outside world and reconnect with your inner world. Recharging your spiritual batteries will help you re-emerge with a renewed perspective.
Taurus 4/20-5/20 An opportunity could present itself to you this week, and the King of Wands is acknowledging that you have the strength and fortitude to accept it! Have you shied away from leadership roles in the past? Have you felt overwhelmed by taking on more responsibilities? Now is the time to stand firm in your power and own the visions you have. The key to success is becoming very clear about where you want to go and setting realistic goals that will help you get there. Go out there and grab the brass ring!
Gemini 5/21-6/20 The 6 of Cups is about the past impacting the present. This week, you're being called to examine whether or not you're tethered to your past in some way. While it's true we sometimes need to look in the rearview mirror as a way of informing current or future decisions, we can easily become stuck living in the past if we're not careful. Don't let nostalgia or distorted memories prevent you from making progress and appreciating what's happening in the here and now. Allow your past to be a source of improvement rather than a source of stagnation.
Cancer 6/21-7/22 The 5 of Cups indicates you've been allowing yourself to wade in a sea of regret and disappointment. While the pain you're feeling is very real and shouldn't be minimized, it isn't a free pass to stay stuck in this mode forever. By choosing to focus on your perceived failures or mistakes, you can't see the positive things right in front of you, nor can you move on toward greener pastures. There's still hope, and it's important this week that you find where that hope is and shift your attention to that.
Leo 7/23-8/22 The 10 of Swords acknowledges you are going through a painful time right now. Perhaps you've been betrayed, or it could be you're experiencing a period of things crashing down on you. These types of experiences are never pleasant to go through, but this week you're being called to focus on the new beginning that this ending can make way for. Even though you may feel like you've hit rock bottom, take solace in the fact that there's nowhere else to go but up. Remember, obstacles can be opportunities in disguise.
Virgo 8/23-9/22 The Ace of Pentacles is signaling that an abundance of new opportunities in your material world is emerging for you this week. Have you been feeling stalled in your career? Has an investment not paid off the way you thought it would? Have you been unable to make money from an idea you had? That could all change now! Keep your eyes and ears peeled as a new beginning in any of these areas could be just around the corner. Whether you decide to take advantage of it is up to you, but the option is certainly there.
Libra 9/23-10/22 Someone is going to need a little extra TLC this week! The Queen of Pentacles is a true provider -- she's the one who makes sure everyone is fed, the home is tidy, and that she's giving enough time and attention to her loved ones. When she shows up in a reading, it's a signal that someone may need more support than usual. Is someone you know struggling, or is it you who could use a shoulder to lean on? If you are feeling in over your head, don't be afraid to seek out help. Resources are out there, and it's OK to ask for what you need.
Scorpio 10/23-11/21 Don't give up just yet! Your card this week, the 7 of Pentacles, is reminding you that anything worth having can't be achieved overnight. Perhaps you've been working on a project or area of your life and haven't yet reaped the rewards of your efforts. Understandably, this has been a source of frustration for you. Remind yourself that this wasn't an easy task and take pride in the effort you've already put forth. Your hard work and patience may not have paid off just yet, but they will soon enough.
Sagittarius 11/22-12/21 Success is within your grasp! The King of Pentacles is indicating you've got what it takes to create financial abundance in your life, and now you just need to move forward with whatever ideas you may have been contemplating. Have you been considering starting a new business venture or investment of some kind? This could be the signal you've been waiting for to go for it -- but don't just charge ahead. Coming up with a plan and getting all your ducks in a row will ensure you see the most fruitful outcome possible.
Capricorn 12/22-1/19 The 3 of Swords wants to recognize the grief or heartbreak you may be suffering from currently. Perhaps you've been betrayed, or it could be that you're experiencing some sort of mental anguish. This week, this card is asking you to persevere and stay in control of your emotions so that you can move forward without falling apart. Just be sure that you don't become permanently detached in your efforts to remain strong. If you remain in touch with your emotional side, you could come out on the other side of this situation capable of loving even more deeply.
Aquarius 1/20-2/18 You could find yourself committed to a new cause this week! The Hierophant is a card that represents belief systems, traditions, and institutions. You may have been feeling lost, aimless, and in need of direction. If you've been considering joining a new group, now is the time! Being surrounded by people of a similar mindset could offer you the type of community you've been missing. These allies could eventually become a powerful source of support as you explore the person you're becoming.
Pisces 2/19-3/20 You can run, but you can't hide this week! The 7 of Swords acknowledges you may be trying to avoid or escape a situation you're better off confronting head-on. Have you been putting off a tough conversation with a friend? Not yet ready to talk with your partner about where your relationship is headed? Are you letting professional tension build rather than dealing with it? Remember, dodging this issue won't make it better. In fact, it could even make it worse. The time to deal with this matter is now. *Tarot.com*