

Oct 18th-Oct 24th
2026

The Underground Lou

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Issue
#175

Affordable homeownership, neighborhood stability, and resident-led prosperity

RPOP plans to develop a set of properties held by the Louisville Metro Land Bank and prioritized by residents for the development of new, permanently affordable owner-occupied homes, affordable multi-family residential units, and limited commercial and community-serving uses.

Families who purchase homes developed through RPOP’s investments in Russell will own their homes and other improvements. However, the community, through RPOP’s role as a community land trust, will retain ownership of the land.

Homeowners receive a long-term lease that allows them to use the land, and they agree to a long-term relationship with RPOP which includes maintenance requirements and certain resale restrictions to preserve the home’s affordability for future owners.

Homeowners in this model have the same essential benefits of homeownership - they can build wealth, pass the home through a will to a family member, landscape and make other improvements to the home and property.

They also receive the benefit of being part of a community of families who are committed to building wealth while ensuring that affordable housing is an option for future homebuyers in Russell. When a homeowner decides to sell, they will receive (1) their downpayment; (2) their



equity represented by what they paid toward the principal on their mortgage; and, (3) a portion of the home’s appreciated value.

When a Homeowner Sells they will receive:

- Their downpayment
- Their equity represented by what they paid toward the principal on their mortgage
- A portion of the home's appreciated value

Community land trusts also sometimes develop and sell or lease affordable commercial properties.

RPOP is partnering with HPI, the Housing Partnership, to develop 25 new single-family owner-occupied homes on the 2400-2500 blocks of Elliott Avenue. The first homes will be available in Fall 2026.

To apply and learn more information visit www.russellpromise.org.

What to Do in the Lou

10/20 KY Women’s Book Festival 20th Anniversary Celebration 6PM-7:30PM
Student Activity Center 2100 S. Floyd St. www.louisvillebookfestival.com

10/21 Louisville Women’s Network Halloween Mixer 5:30PM-7:30PM
Prova 917 E. Liberty St. www.provaspirits.com *free

10/22 Paint & Sip 6PM Passport by Molina Community Room
2028 W. Broadway www.colemanprep.org

10/22 Gin & Jazz 7PM Jimmy Can’t Dance 730 E. Market St.
www.jimmycantdancebar.com 502.589.4115

10/23 The Night Shift: Coop Le Moderne Speed Art Museum
www.speedmuseum.org

10/23 Downtown Drive-In: The Princess Bride 7PM Brown-Forman Amphitheater 1271 River Rd. www.ourwaterfront.org
*free

10/23 Halloween After Dark: The Midnight Masquerade 9PM
Portal 1535 Lytle St. www.portal-louisville.com

10/24 Motion Fest Car & Bike Show: OJ Da Juiceman 11AM-7PM
Louisville Slugger Stadium 401 W. Main St. www.majorleague-entertainment.com

10/24 Motion Fest Concert After Party: Kash Doll 10PM-3AM
Mellwood Art Center 1860 Mellwood Ave www.majorleague-entertainment.com/afterparty

10/24 2026 Keeper of the Flame Awards 2PM-4PM Chestnut Street YMCA 930 W. Chestnut St *free

10/24 The Jella Group Fall Festival 1PM-4PM Jella Family McDonalds 7426 Third Street Rd. *free

10/28 The Voice Tribune Magazine Release Party: Halloween Cocktail Hour 6PM-9PM The Bay Cigar Lounge 901 Eastern Blvd. Clarksville, IN *free

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Election 2026 Key Information

Primaries: Kentucky conducts closed primaries. Under Kentucky law, all persons who want to vote in the Democratic Party’s or Republican Party’s Primary Election must have changed their party affiliation by December 31 of the year prior to the next Primary Election.

Only 17? You may register to vote in Kentucky as a 17-year-old if you will be 18 years old by the next General Election, which will be November 3, 2026.

College Students: If you are a college student registered to vote in Kentucky and you are unable to vote in your precinct on election day, you may apply for an absentee ballot with your county clerk. Kentucky County Clerks

Cancel Your Voter Registration: Voters who are moving out of Kentucky should cancel their Kentucky voter registration before registering to vote in another state.

There are two ways to cancel your voter registration:

1. Visit your County Clerk's office with identification and request to be removed from the voting rolls. Find your County Clerk's office here.
2. Call the Kentucky State Board of Elections at 1-800-246-1399 to request a cancellation letter, which begins the process of canceling your voter registration.

Absentee Ballot Request, Military & Overseas Voters, Review Your Registration or Absentee Ballot Status, New/Update Registration, "Early Voting" & Election Day Locations, Poll Workers, Candidate Filings, Sample Ballot or Election Results and additional information can be found at www.vrsws.sos.ky.gov/ovrweb/govoteky/ or contact the Kentucky State Board of Elections at 502-573-7100.

ELLIOTT AVE CLT HOMEOWNERSHIP

WHAT IT COSTS TO BUY ONE OF THE ELLIOT AVE CLT HOMES

What does it really cost to buy a home on Elliott Avenue? Here is the whole list, so nothing surprises you.

Before you buy, you'll need:

- Earnest money deposit
- Home inspection
- Appraisal

At closing, you'll pay:

- Loan fees
- Title and recording fees
- Attorney fees
- Homeowners insurance for the first year, plus a few months of property taxes and homeowners insurance set aside in an escrow account (usually 2 to 6 months, depending on when you close)
- Realtor fees, if the seller does not pay them

Every month after you move in, you'll be responsible for:

- Property taxes and homeowners insurance, usually collected along with your mortgage
- You pay property taxes on the house only, since RPOP owns the land. The county sets the amount, and it can change after the new home is valued.
- Program fee paid to RPOP
- Replacement reserve to be placed in an escrow account that stays with the house

There is no minimum down payment. You are allowed to borrow up to \$3,500.00 toward closing costs, with exceptions available for certain types of closing cost assistance. You will need to contribute at least 1% of the purchase price, and never less than \$1,000.00, through your earnest deposit or cash at closing. Knowing the costs ahead of time helps you decide whether a home works for you.

www.russellpromise.org Russell A Place of Promise Russell A Place of Promise @russellplaceofpromise

Page 1

Editor’s Note: “Don’t be so stuck in your way that you’re unwilling to learn. Never stop learning.”

8th Annual Empowering Black Women Conference

Saturday, November 7, 2026 | 9:00 AM - 2:00 PM Living Arts and Science Center 362 N Martin Luther King Blvd, Lexington, KY 40508

Join us for a transformative day where excellence, empowerment, and community converge. The Empowering Black Women Conference is a celebration of Black women’s leadership, resilience, and impact—designed to develop, advance, and promote success in every aspect of life. This year’s conference features:

Empowering Panel Discussions - Inspiring Keynote Speakers - Networking Opportunities - Vendor Showcase - EmpoweHERment Luncheon

Whether you're a seasoned professional, student, entrepreneur, or community advocate, this event is for you. Expect dynamic sessions, meaningful connections, and a space where your voice and vision are celebrated. Vendor & Sponsor Information:

Now accepting vendor and sponsor applications! Showcase your products or services to a vibrant audience committed to empowerment and equity. Spots are limited and confirmed on a first-come, first-served basis. Let’s build, inspire, and uplift—together. For questions, contact: kapaaw16@gmail.com. Visit www.kapaaw.org for tickets.

SUDOKU

Find answers on pg. 3

		2			9			
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			6			7		5
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			8		5			
		6	3					4

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✓ Try amazing products
✓ Take home a special gift
✓ Perfect for self-care
or gifting

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GLOW + GIFT +
TAKE-HOME SET
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Hands-on class
✓ Try amazing products
✓ Take home a full
skincare set
✓ Everything you need
to keep glowing
at home

Dr. C. Tuna
products

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PICKUP LOCATIONS

- Small Business Administrative 600 M. L. King Jr. Pl.
Franco’s 3300 Dixie Hwy
Tim Pages 2922 Taylor Blvd
AMPED 4425 Greenwood Ave
KY AAHC 1701 W. Muhammad Ali Blvd
Urban League 1535 W. Broadway
AMPED Technology Workforce Training 1701 W. Jefferson Street Suite 206
Molo Village 1219 W. Jefferson Street Suite 204
The Presley Post 734 W. Main Street Suite 106
The Gruv 434 W. Market Street
Rooftop Grill 414 W. Oak Street
Southern Express Soul Food 418 W. Oak Street
Roots 101: AA Museum 124 N. 1st Street
W.E.B. DuBois Academy 3901 Atkinson Square Drive
SKS Accounting 812 Lyndon Lane
D’Luxe Hair & Cuts 3707 Bardstown Road
Russell Neighborhood Health Ctr 1425 W Broadway
My Hub 2900 W. Broadway inside the NIA Ctr
Nia Center 2900 W. Broadway
Goodwill West Louisville 2820 W. Broadway
Chestnut Street YMCA 930 W. Chestnut Street
Republic Bank Foundation YMCA 1720 W. Broadway
The Fish House & Grill 2124 W. Broadway
Wing Station 2119 Crums Lane
Greenwood Grocery Store 4501 Greenwood Ave
Hair La Flaire 1859 Berry Blvd
Discount Tint & Auto 1857 Berry Blvd
Main Library Louisville 301 York Street
Wags Hair 801 W. Broadway
Smokeasy Lounge 566 S. 5th Street
Mahogany Salon 1860 Mellwood Ave
Double Deuce 2529 W. Broadway
Smoke & Vape 2113 W. Broadway
Good Vibes Smoke Shop 2710 Rockford Lane
Zoe’s Tattoos 1161 S. 4th Street
Opportunity Corner 636 S. 18th Street
Omar’s Liquors 331 E. Oak Street
Shawnee Library 3912 W. Broadway
Ahrens Educational Resources 546 S. 1st Street
Bates Memorial Baptist Church 620 E. Lampton
Blak Koffee 1219 W. Jefferson St.
G Starks Realty 1219 W. Jefferson Suite 107
Smoketown Family Wellness Center 760 S. Hancock Street
UofL Campus 2030 S. 4th Street
Pro Nails 801 W. Broadway #2
Mashup Food Hall 750 E. Jefferson St. Suite 101
Vines Wine Bar & Spirits Shop 1985 Douglas Blvd.

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Sis, Let’s Talk: Beyond the Pink Ribbon

The Breast Health Questions We’re Afraid to Ask

Dr. Asley D. Cham @drashleydcham

Knowing your history, staying current on screening, and speaking up about changes. October is Breast Cancer Awareness Month. Between the pink ribbons and reminders, let’s make room for an honest conversation: Do you know what’s normal for your breasts? When is your next mammogram? And what do you know about your family’s history?

Sis, being proactive starts before something feels wrong.
“Do I need screening if I feel fine?”

Yes—screening exams look for cancer before symptoms appear. Screening generally begins at 40 for women at average risk. Ask your healthcare provider which schedule fits your age and personal risk.
“Does my dad’s family history count?”

Absolutely. Share cancer history from both sides of your family, including who was diagnosed, the cancer type, and their age at diagnosis. That information may influence screening or whether genetic counseling is appropriate.
“What if my last mammogram was normal?”

Speak up about a new change anyway. Many breast changes aren’t cancer, but they deserve evaluation. Don’t wait for your next screening appointment.

“Why does breast self-awareness matter—and how do I check?”
Sis, your healthcare provider sees you at appointments, but you live in your body every day. Many women notice breast changes while bathing or getting dressed. Knowing what’s normal for you helps you recognize when something is different.

Here’s a simple way to check:

- Look: Stand in front of a mirror with your arms down, then raised. Notice changes in your breasts’ size or shape, skin dimpling, swelling, redness, or a nipple newly turning inward.
- Feel: Using the pads of your fingers, gently move in small circles over each breast. Cover the whole area, including up to your collarbone and under your arms. Use light and firmer pressure without pressing hard enough to hurt. You can do this in the shower or lying down.
- Speak up: Tell your provider promptly about a new lump, unusual nipple discharge, persistent pain, or another change—even if your last mammogram was normal.

The goal is to learn your normal, not perform a perfect exam. Many changes aren’t cancer, but they deserve attention. Self-awareness doesn’t replace mammograms, which can find changes too small to feel. This month, my challenge for you is to check your breasts, check your screening schedule, ask about your family history, and remind a girlfriend to do the same. Your questions deserve answers.

SBDC Kentucky free webinars to elevate your business

Start Smart: Starting A Business in KY 10/27/2026 7:00 PM-8:00 PM
Fund Smart: Understanding Business Finances Date: 10/28/2026 Time: 7:00 PM - 8:00 PM
Start Smart: Starting A Business in KY Date: 11/3/2026 Time: 7:00 PM - 8:00 PM
Fund Smart: Understanding Business Financing Date: 11/4/2026 7:00 PM-8:00 PM
Start Smart: Starting A Business in Kentucky Date: 11/10/2026 Time: 7:00 PM-8:00 PM
Fund Smart: Understanding Business Financing 11/11/2026 7:00 PM - 8:00 PM

Register at www.kentuckysbdc.com Looking for a free business mentor? Sign up on the website!



#AskAttica: November is Election Day and Y'all Got Questions

Welcome to my first #AskAttica column!

I'm excited to bring you these answers to your questions. This column is where we make government make sense.

General Election Day is on Tuesday, November 3rd this year. So, let's start with the questions I hear most often:

What are we voting for in November?

A lot. I broke it all down in a recent Substack article: Breaking Down Kentucky's Ballot. It matters that you might vote for someone who supports massive data centers; you know, the things that are destructive to our environment and sap your brain cells. It matters that you might be voting for someone who is so wealthy they don't even know what affordable housing means. It matters that you may be voting for someone who wants to deport your neighbor just because they hate Black folks and other people of color. Y'all, don't vote for haters.

Who's running?

Every ballot is a little different depending on where you live. For example, people in Butchertown have a different Metro Council member than people in Valley Station. Download your sample ballot to see who's running www.strap.jeffersoncountyclerk.org/WhereDoIVote/

What if I don't have a Real ID?

You don't need a Real ID to vote in Kentucky. You do need one of these:

a photo ID issued by the local, state or federal government; military; and colleges and universities (despite an attempt to change this as an acceptable form of voter identification). See the full list from the State Board of Elections here.

Where can I learn about the candidates?

Kentuckians for the Commonwealth (KFTC) put together an excellent voter guide at kentuckyelection.org. Read up before you vote. You deserve to know who you're choosing and what they stand for because there are some clowns running for office.

Show up ready. Bring someone with you so they can vote, too. Check your ballot, check your ID, and make a plan to vote. Share this with someone who's got questions.

Got questions? #AskAttica

Send them to me at atticascottmedia@gmail.com, and your question might be featured in a future column.

From Progress to Possibility

Learning takes on new meaning when you see it happening in front of you.

YMCA Black Achievers recently visited MSD’s Paddy’s Run Flood Pump Station site as part of a cluster field trip, allowing youth to see firsthand the work underway on an important community project.

What made the visit especially meaningful was the chance to see how far the project has come. Through the Y’s ongoing connection with MSD, youth in YMCA Black Achievers have followed the progress at Paddy’s Run over the past two years, watching the site change and develop along the way. Experiences like this introduce youth to the people, planning, and work behind projects that impact the community where they live. They also open the door to new interests and future possibilities.

Through partnerships with organizations like MSD, YMCA Black Achievers connects youth with experiences beyond the classroom, helping them Think BIG, explore what’s possible, and Achieve More.



LOOKING FOR HELP?

SEEN THE SIGNS IN YOUR YOUTH?

RESOURCES FOR FAMILIES

YMCA Safe Place Services

YMCA Safe Place Services provides access to immediate help and supportive resources for youth in need. As a community initiative, the program designates schools, fire stations, libraries, and other youth-friendly organizations as Safe Place locations, which display the yellow and black sign. These places provide reassurance and safety until the Safe Place responder arrives to meet with the youth. Once at Safe Place Services, the individual receives assistance, including being connected to trained professionals who can help assess their situation and provide support.

Continuing to support youth and families . . .

YMCA Safe Place Services is committed to making our community stronger by providing help, hope, and healing to teens and families in crisis. The following services may be available to you free of charge.

Call or Text 502-635-5233

Shelter House

Shelter House offers teens ages 12 to 17, who are struggling at home a safe place to stay while things calm down. The Shelter House program gives teens and families a chance to gain distance from conflict, begin mediation, and develop a plan to improve the relationship that is based on the family's strengths. The average stay ranges from 7 to 10 days. Services provided at Shelter House are free to teens and their families.

Y-NOW Mentoring

The stigma of having a parent, incarcerated or battling addiction, can cause children to feel shame, blame, and fear. Children whose parents are in prison or battling addiction, often struggle academically, and find it difficult to trust adults.

Our mentoring program provides a safe space for youth ages 11 to 15 to examine their own lives, experiences, choices, and behaviors, so they can reach their full potential.

Youth Development Drop-In Center

This facility is dedicated to helping young adults ages 18 to 24 experiencing homelessness. The youth development center provides opportunities to participate in artistic, athletic, employment, and educational activities. Assistance is also provided to find permanent housing with the help of the coalition for the homeless.

SAFE PLACE

Confronting crisis. Building confidence.

YMCA Safe Place Services | 502-635-5233 | 3490 Ottenden Drive, Louisville, KY | ymcasafepaceservices.org

OFW Ambassadors Leadership Training Program 2027

The Office for Women Ambassadors is a six-month training program for women and gender diverse individuals who represent the diverse communities across Louisville Metro. Through the program, participants will develop and hone their leadership skills, learn about issues impacting women, and explore government and community programs available to women. The OFW Ambassadors will serve as community liaisons, sharing out information about vital community services and communicating back to government about the needs of women in their communities.

Eligibility Requirements:

- Applicants must demonstrate a commitment to and advocacy for improving the lives of women and/or girls and advancing gender equity.
- Applicants must be 18 or older. All ages over 18 welcome as we are striving for an intergenerational group.
- Applicants must live in one of the 26 Metro Council districts in Jefferson County (inside Jefferson County).
- Applicants MUST COMMIT to attending all training sessions. The training dates for 2027 are: January 14, February 18, March 18, April 15, May 13 and June 17 and training will take place from approximately 8:30-4:30 each day.
- Applicants who are not able to be seated in the OFW Ambassador 2027 cohort will be invited to join OFW Connection, a one day immersive training that is similar in kind on March 5, 2027.

YOU MUST COMMIT TO ATTEND ALL TRAINING DATES. The training program is free, and food and transportation costs (bus tickets or parking) will be provided. Childcare will also be provided off site. If you have any questions, please feel free to reach out to the Office for Women at ofw@louisvilleky.gov. **APPLICATIONS CLOSE ON NOVEMBER 1, 2026**

Farmer’s Markets

- *St Matthews Farmers Market* 8PM-12PM Beargrass Cristian Church 4112 Shelbyville Rd. *Every Sat.
- *Old Lou Farmer’s Market* 9AM-12:30PM 1336 S. 6th St. www.oldloufarmersmarket.com 502.640.6971 *Every Sat./EBT SNAP Accepted
- *Germantown Farmers Market* 9AM-1PM 1101 E. Kentucky St. info@germantownfarmersmarket.net *Every Sat.
- *Jeffersonville Farmers Market: Food, Drink & Live Music* 9AM-12PM Big Four Station 222 W. Market St. Jeffersonville, IN www.jeffmainstreet.org/farmers-market/ *Every Sat.
- *New Albany Farmers Market* 8AM-1PM 202 E. Market St. *Every Sat. through Oct. www.namainstreet.org/farmers-market 812.946.6550
- *Gray Street Farmers Market* 10:30AM-1:30PM LOUMED Commons 316 E. Chestnut St. www.publichealth.louisville.edu *Every Sat in Sept.
- *Sunday Farmers Market* 10AM-2PM The Train Depot 2230 Buechel Ave. 502.888.3944 thetraindepotlouisville@gmail.com *Sun. through Oct.
- *10/4 West End Farmers Market* 3PM-7PM California Park www.change-today.org 1600 St Catherine *Sundavs bi-weeklv

Community Yoga

*Every Sat. 10AM-11AM Central Park 1340 S. 4th St.
Friends of Central Park
central@olmstedparks.org
www.olmstedparks.org 502.456.8125

*Every Monday Yoga at West Sixth Nulu 6PM-9PM 817 E. Market St. *pay what you

Healthy Recipes



BEANS & RICE

Serves: 3-4 Est. cost: \$4.10 Est. cost per serving: \$1.40

Ingredients:

- 1 ea 13oz can black beans, drained and rinsed
- 1 ea 13oz can dark kidney beans, drained and rinsed
- 1 tsp cumin
- 1 tsp black pepper
- 1-2 bay leaves
- 1/4 cup onion, chopped OR 1 tbsp onion powder
- 1 + 1/2 cups rice (basmati, white, brown)
- 2 cups water
- 1 tsp paprika
- To taste, salt and pepper

- Fresh squeeze lime juice

Optional toppings:

- Protein (chicken, beef, or shrimp)
- Hard-boiled egg
- Fried cabbage or Kimchi
- Hemp Seed

Equipment: 2 saucepans with lids, can opener, spoon, bowl, fork

Directions:

Beans:

1. In a saucepan, on medium-high heat add both black and kidney beans. Mix well.
2. Add 1/4 cup water, cumin, onion, salt and pepper, and bay leaves. Mix well.
3. Reduce the heat to medium. Cook for 25-35 minutes, stirring occasionally.
4. Turn off the stove and cover until ready to serve.

Rice:

1. In a saucepan on medium-high heat, add water and bring to a boil.
2. Add rice and cover.
3. Reduce the heat to medium-low and cook for 10-15 minutes or according to the package.
4. Turn off the stove and let the steam out for 5 minutes.
5. Add paprika to the rice and fluff with a fork.

Add beans to rice and fold in with a fork or spoon, OR add rice and place beans on top with other toppings such as sauteed vegetables or roasted corn. Enjoy!

Health Benefits:

Kidney beans are a wonderful source of trace minerals, especially manganese which is essential in energy production and defense against foreign invaders of the body, having strong antioxidant properties.

Paprika is the ground powder of a type of red pepper. It helps to improve flavor and contains the compounds capsicum (cap sehkum) and beta-carotene (beh-tah karo-teen) that provide vibrant color and health benefits like pain relief and heart protection*Recipe provided by: LA Dixon, 2023*



Beans & Rice

Nutrition Facts

Serving Size1 Serving

Amount Per Serving

Calories333.5

% Daily Value*

Total Fat2.3 g3 %

Saturated Fat0.4 g2 %

Trans Fat0 g

Cholesterol0 mg0 %

Sodium730.8 mg32 %

Total Carbohydrate60.2 g22 %

Dietary Fiber20.3 g72 %

Total Sugars5.3 g

Added Sugars0 g0 %

Protein20.3 g

Vitamin D0 mcg0 %

Calcium169.1 mg13 %

Iron5.4 mg30 %

Potassium831.9 mg18 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

U.S Patent and Trademark Office
Free Online Courses

- 10/16 Trademark: Federal trademark searching: overview registration process overview 3:00 p.m. ET
- 10/18 Trademark Basics Boot Camp, Module 2: Registration process overview 2:00 p.m. ET
- 10/20 Trademark Basics Boot Camp, Module 3: Searching 2:00 p.m. ET
- 10/22 Attend Patent Center and DOCX training 2:00 p.m. ET
- 10/27 Trademark Basics Boot Camp, Module 4: Application requirements 2:00 p.m. ET

Register at www.uspto.gov/about-us/events or contact TMWebinar@uspto.gov for additional information.

SUDOKU ANSWERS

1	7	2	5	4	9	8	6	3
6	5	3	1	7	8	4	9	2
4	8	9	6	2	3	7	1	5
7	3	5	4	1	6	9	2	8
8	6	4	9	3	2	1	5	7
9	2	1	7	8	5	3	4	6
2	4	7	8	6	1	5	3	9
3	9	8	2	5	4	6	7	1
5	1	6	3	9	7	2	8	4

Horoscopes

Aries 3/21-4/19 The 9 of Swords indicates that you are suffering from some kind of loss or disappointment right now. This could have been something you saw coming, or it could have been something sudden and unexpected. Regardless, this stress has been weighing on you, possibly making you feel as though you’ll never recover from this situation. Take the time necessary to grieve and heal, keeping in mind that although what you’re going through is tremendously difficult, you can move on and grow from this experience.

Taurus 4/20-5/20 You can run, but you can’t hide this week! The 7 of Swords acknowledges you may be trying to avoid or escape a situation you’re better off confronting head-on. Have you been putting off a tough conversation with a friend? Not yet ready to talk with your partner about where your relationship is headed? Are you letting professional tension build rather than dealing with it? Remember, dodging this issue won’t make it better. In fact, it could even make it worse. The time to deal with this matter is now.

Gemini 5/21-6/20 Everything is coming up roses in your domestic world this week! The 10 of Cups is a very positive card, signifying uplifting emotions and successful relationships. You may end up spending more quality time than usual with your family, or it’s possible you’ll see things blossom in matters of the heart. Take the time to look around you and give thanks for all the blessings that are coming your way. It’s not very often we get to float on cloud nine, so enjoy every second of it!

Cancer 6/21-7/22 Keep an open heart and an open mind this week! The Page of Cups is urging you to go back to the time in your life when you were more childlike, more fearless, more idealistic. It could be that past or recent circumstances have made you more cynical and closed off as a way to shield yourself from getting hurt. While this approach can certainly help you avoid more pain, it may also prevent you from experiencing life’s pleasures. Don’t let your past dictate your future in this way. Learn to trust again.

Leo 7/23-8/22 It’s time to take a break from your everyday life! The Hermit is indicating that you may have a need to withdraw and reflect this week. It could be that you’ve been immersed in many new experiences or spent much of your time recently socializing. Now it is necessary to go for a walk in the forest, take a long bath, book a weekend getaway, or anything else that helps you disconnect from the outside world and reconnect with your inner world. Recharging your spiritual batteries will help you re-emerge with a renewed perspective.

Virgo 8/23-9/22 It’s time to take a break from your everyday life! The Hermit is indicating that you may have a need to withdraw and reflect this week. It could be that you’ve been immersed in many new experiences or spent much of your time recently socializing. Now it is necessary to go for a walk in the forest, take a long bath, book a weekend getaway, or anything else that helps you disconnect from the outside world and reconnect with your inner world. Recharging your spiritual batteries will help you re-emerge with a renewed perspective.

Libra 9/23-10/22 Are your beliefs aligned with your actions in the world? Have you been making choices that reflect your highest self? That’s the question the Justice card wants you to ask yourself this week. This is especially important if you’re facing a major decision right now. What you do could have a long-lasting impact – either positive or negative – on both you and the people around you. Connect with your intuition and allow it to be the compass that leads you down the right path, so you can avoid unintended consequences down the road.

Scorpio 10/23-11/21 You’re going to learn that life is a balancing act this week! The 2 of Pentacles represents achieving harmony with opposing forces. Have you been called in different directions recently? Are what you want and what you need conflicting? Has work taken time away from your personal life or vice versa? This card wants you to take a step back and figure out where your priorities are. By knowing where you want to spend your time and energy, you can come up with a solution that sets you up for long-term success in all areas of your life.

Sagittarius 11/22-12/21 Don’t let fear get the best of you! The Moon indicates that lingering hang-ups from a past experience could creep up this week, flooding you with memories you’d just as soon forget. This could be something you tried to stuff down into your subconscious, hoping it would work itself out over time. Instead of attempting to ignore the issue, choose to bring it out of the shadows and heal yourself. It might be painful at first, but keep in mind that the burden you’ve been carrying has also hurt you over time.

Capricorn 12/22-1/19 You could find yourself committed to a new cause this week! The Hierophant is a card that represents belief systems, traditions, and institutions. You may have been feeling lost, aimless, and in need of direction. If you’ve been considering joining a new group, now is the time! Being surrounded by people of a similar mindset could offer you the type of community you’ve been missing. These allies could eventually become a powerful source of support as you explore the person you’re becoming.

Aquarius 1/20-2/18 You could find yourself committed to a new cause this week! The Hierophant is a card that represents belief systems, traditions, and institutions. You may have been feeling lost, aimless, and in need of direction. If you’ve been considering joining a new group, now is the time! Being surrounded by people of a similar mindset could offer you the type of community you’ve been missing. These allies could eventually become a powerful source of support as you explore the person you’re becoming.

Pisces 2/19-3/20 Lucky you! The 10 of Pentacles represents security, as well as success and accomplishment. Have you not been properly recognized for your professional efforts? Has it felt like the universe has put one obstacle after another in front of you? Has money been tight? Have you felt deflated in matters of the heart? Well, good news has arrived! You could finally see things coming together for you this week in one or more of these areas, rewarding you with a sense of satisfaction for staying the course no matter how tough things were. *Tarot.com*

