

May 31st-June 6th
2026

The Underground Lou

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Issue
#158

Louisville Dirt Bowl Returns to Shawnee Park This Weekend

One of Louisville's most celebrated summer traditions returns this weekend as the Louisville Dirt Bowl tips off another season at Shawnee Park, bringing together athletes, families, and basketball fans from across the city.

The historic outdoor tournament has been a staple of West Louisville for more than five decades and is recognized as one of the oldest annual summer basketball tournaments in the nation. Founded in 1969 by community leaders Ben Watkins and Janis Carter Miller, the Dirt Bowl was created to unite people through basketball and community fellowship during a time of social division. The tournament moved to Shawnee Park in 1970, where it has become a cultural institution.

Each summer, the courts at Shawnee Park transform into a gathering place filled with competitive basketball, family activities, food vendors, and community pride. The event has earned a reputation as more than just a basketball tournament. Many participants describe it as a family reunion and neighborhood celebration that brings generations together.

Over the years, the Dirt Bowl has featured some of Kentucky's most notable basketball talent. Players and spectators have watched future college and professional stars take the court, helping establish the tournament as a proving ground for local athletes.

The tournament continues to attract hundreds of participants and thousands of spectators each season. Recent years have included men's, women's, and youth divisions, creating opportunities for players of all ages to compete while strengthening connections throughout the community.

As opening weekend begins, organizers are once again inviting Louisville residents to come out and experience the excitement, tradition, and community spirit that have made the Dirt Bowl a beloved summer event for



generations. Games are scheduled to take place throughout the summer at Shawnee Park, with teams competing each weekend for the opportunity to earn a championship and become part of Louisville basketball history. The tournament remains a symbol of resilience, neighborhood pride, and the power of sports to bring people together for safe family in the Louisville's West End.

For more information visit @DirtBowl on Facebook or Instagram or contact 502.510.4247.

What to Do in the Lou

6/2 2026 Metropolitan Housing Coalition Annual Dinner 6PM Van Gogh Room 1860 Mellwood Ave www.metropolitanhousing.org

6/2 USBG KY Night Cap 9PM Garage Bar 700 E. Market St. 502.541.7124 *Free

6/3 Classic Crew 12:30PM-3PM Camp Edwards 701 S. Hancock St. 502.636.0573 *Free

6/3 30th Street Corridor Place Corridor Planning Community Feedback Meeting 5:30PM-8PM Elderserve 631 S. 28th St. www.russellpromise.com/events

6/3 Let's Plan 6PM-7:30PM California Community Center 1600 W. St. Catherine St. 502.574.2658 *Free

6/4 Afterwork Kickback 6PM-10PM Garage Bar 700 E. Market St. 502.541.7124 *Free

6/4 Behind the Velvet Curtain: Blanc's Burlesque 8PM & 10PM Hell or High Water 112 W. Washington St. www.hellorhighwaterbar.com 502.587.3057

6/4 Open Mic: Ink & Essence 8PM-11PM Tribe 430 S. 3rd St. www.tribectrl.com *Free

6/4 Shively Night Live 9PM Whirling Tiger 1335 Story Ave info@thewhirlingtiger.com *Free

6/6 British Bash 9AM-11AM St. Joseph Children's Home 2823 Frankfort Ave www.britishbash.com

6/6 Race 4 Justice 9:30AM-12PM Norton Healthcare Sports & Learning Center 3029 W. Muhammad Ali Blvd. www.futureancestors502.org

6/6 Oh, Sooooo Cold Pressed Juice & Wellness Fest 10AM-6PM Mashup Food Hall 750 E. Jefferson St. www.eventbrite.com *Free

6/6 Republic Bank's 6th Annual Juneteenth Celebration 11AM-2PM Republic Bank Foundation YMCA 1720 W. Broadway www.RepublicBank.com/BRGs *Free

6/6-7 Butchertown Art Fair 11AM-6PM/5PM 800 E. Washington St. www.butchertownlou.org 502.744.7679

6/6 The Cello Garden: Summer Cello Workshop 12:30PM-4PM The Presley Post 734 W. Main St. www.anewmus.com

6/6 Louisville Wine Walk 2PM-6PM Fourth Street Live 411 S. 4th St. www.4thstlive.com

6/6 Lipstick Wars Poetry Slam 5PM The KY Center Bomhard Theater www.kentuckyperformingarts.org *Free

6/6 Salsa Night 8PM-1AM Hotel Louisville 120 W. Broadway louisvillesalsa@gmail.com \$10

6/7 Ali Fest Carnival 12PM-5PM Muhammad Ali Center 144 N. 6th St. www.alicenter.org *Free

6/7 Vice Versa Day of Compassion: Pay What You Can 3PM-7PM Vice Versa Barbershop 1609 Bardstown Rd. #B 502.389.2343

6/7 Sonic Sermons 4PM-8PM Whirling Tiger 1335 Story Ave info@thewhirlingtiger.com *Free

6/8 Mindful Mondays: Sound Bath Meditation 11:30AM-12:30PM Joe Creason Park 1297 Trevilian Way laneishabeasley@yahoo.com *Free

6/12 Dream Maker Awards 6PM-10PM Progress Park Airstream Resort & Event Vene 4503 Progress Blvd. www.ampedlouisville.org

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This Week's Issue

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COWORK CONNECT CREATE
FREE COWORKING & FREE COFFEE
Hosted by Keshu Love
JUNE 05, 2026 12PM-5PM
734 W. MAIN ST. STE. 108 LOUISVILLE KY
visit thepresleypost.com or email admin@thepresleypost.com to RSVP



Paristown Plant Swap & Shop is back June 13 and October 10 from 10-4pm!

If you're looking for a day full of planty fun, you found the right spot! Here's what to expect:

- 24' swap table - completely free to participate! Bring a cutting, a potted plant, pack of seeds, or garden things that just don't do it for you and find something on the swap table that does (no sales at the swap table)
- Social Swap Hours - For the folks that want to chat all things botany, be here from 11-12 and 2-3 for social gatherings around the swap table. Get to know your planty neighbor or come outside of social swap hours and enjoy a classic give one, take one swap table centered on all things plants
- Local and regional plant vendors specializing in a wide range of flora from rare to common including tropicals, ornamental annuals and perennials, native species, bog species, and much more!
- Handmade craft vendors that have offerings honoring Mother Nature and her many forms of art
- Four free raffles with prizes from our vendors and Planty Bingo with planty prizes, Planty Trivia with planty prizes and delicious nom noms and a curated bevy menu

Free admission and limited free parking. This is an outdoor event, located under a pavilion. We are scheduled to run rain or shine! Visit www.paristown.com for more info.

Christina Lee Brown Envirome Institute's Food & Science: Fourth Installment of the "& Science" Forums

The Food & Science Forum takes place Thursday, June 11th at Bates Memorial Baptist Church 620 Lampton Street. There will be a Community Block Party (Farmers Market and Fair) at 4:00 pm and panel discussion at 6:00 pm.

This important conversation features leaders from different agricultural and scientific backgrounds.

"& Science" Champion Awardee: Taylor Ryan (Founder and Executive Director of Change Today, Change Tomorrow)

Speakers include:

- Cassia Herron (Healthy Communities Fellow, Aspen Global Innovators Group)
- Vincent James (President and CEO, Dare To Care)
- Taylor Ryan (Founder and Executive Director, Change Today, Change Tomorrow)
- Dr. Wayne Tuckson (Kentucky Health Host, Kentucky Educational Television, retired Colon and Rectal Surgeon)
- Dr. Kim Williams (Chairman of Medicine, University of Louisville School of Medicine; Professor, University of Louisville School of Medicine)

The Christina Lee Brown Envirome Institute invites you to:

Date
June 11, 2026
Farmer's Market & Reception: 4:00 pm
Panel: 6:00 pm

Location
Bates Memorial Baptist Church
620 Lampton St
Louisville, KY 40203

RSVP
Scan Here
<https://rb.gy/ajxgtl>

Also Featuring Farmers Market hosted in collaboration with the South End Community Market. Community tables include Feed Louisville, West Jefferson County Community Task Force, NAACP Louisville Branch, Catholic Charities - Common Earth Gardens, Food Literacy Project, Feeding Kentucky, Ag in the City, Greater Louisville Food Council/Food In Neighborhoods, and UofL's Trager Institute, Louisville Clinical & Translational Research Center, School of Medicine Office of Community Engagement, Christina Lee Brown Envirome Institute, and more.

Food & Science Panel Objectives: Explore key intersections of nutrition, health, and wellbeing, Identify drivers of food insecurity in Louisville, Discuss overcoming barriers that promote access to healthy food, Envision a food-secure future for all of Louisville. Let's learn from the past, examine the present, and shape a healthier future—together.

This event is FREE, but RSVPs are requested for refreshment planning. To learn more and RSVP

<https://www.eventbrite.com/e/food-science-tickets-1988855934639>.

PICKUP LOCATIONS

- Small Business Administrative 600 M. L. King Jr. Pl.
- Franco's 3300 Dixie Hwy
- Tim Pages 2922 Taylor Blvd
- AMPED 4425 Greenwood Ave
- KY AAHC 1701 W. Muhammad Ali Blvd
- Urban League 1535 W. Broadway
- AMPED Technology Workforce Training 1701 W. Jefferson Street Suite 206
- Molo Village 1219 W. Jefferson Street Suite 204
- The Presley Post 734 W. Main Street Suite 106
- The Gruv 434 W. Market Street
- Rooftop Grill 414 W. Oak Street
- Southern Express Soul Food 418 W. Oak Street
- Roots 101: AA Museum 124 N. 1st Street
- W.E.B. DuBois Academy 3901 Atkinson Square Drive
- SKS Accounting 812 Lyndon Lane
- D'Luxe Hair & Cuts 3707 Bardstown Road
- Russell Neighborhood Health Ctr 1425 W Broadway
- My Hub 2900 W. Broadway inside the NIA Ctr
- Nia Center 2900 W. Broadway
- Goodwill West Louisville 2820 W. Broadway
- Chestnut Street YMCA 930 W. Chestnut Street
- Republic Bank Foundation YMCA 1720 W. Broadway
- The Fish House & Grill 2124 W. Broadway
- Wing Station 2119 Crums Lane
- Greenwood Grocery Store 4501 Greenwood Ave
- Hair La Flaire 1859 Berry Blvd
- Discount Tint & Auto 1857 Berry Blvd
- Main Library Louisville 301 York Street
- Wags Hair 801 W. Broadway
- Smokeasy Lounge 566 S. 5th Street
- Mahogany Salon 1860 Mellwood Ave
- Double Deuce 2529 W. Broadway
- Smoke & Vape 2113 W. Broadway
- Good Vibes Smoke Shop 2710 Rockford Lane
- Zoe's Tattoos 1161 S. 4th Street
- Opportunity Corner 636 S. 18th Street
- Omar's Liquors 331 E. Oak Street
- Shawnee Library 3912 W. Broadway
- Ahrens Educational Resources 546 S. 1st Street
- Bates Memorial Baptist Church 620 E. Lampton
- Southern Hospitality 3402 W. Broadway
- Blak Koffee 1219 W. Jefferson St.
- G Starks Realty 1219 W. Jefferson Suite 107
- Smoketown Family Wellness Center 760 S. Hancock Street
- UofL Campus 2030 S. 4th Street
- Pro Nails 801 W. Broadway #2
- Mashup Food Hall 750 E. Jefferson St. Suite 101

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SIGN UP NOW FOR SUMMER CAMP!

TEEN VIBE SUMMER CAMPS

Featuring YMCA LOVE NOTES

- June 1-5 Republic Bank Foundation YMCA – High School
- June 15-18 Northeast Family YMCA – High School
- June 22-26 Southwest Family YMCA – Middle School
- July 6-10 Republic Bank Foundation YMCA – Middle School
- July 20-24 Floyd County Family YMCA Middle School and High School

9am-5pm • Lunch included • Registration is FREE!

Camp will cover all of the Love Notes lessons, include community building and creative programming, and a field trip!

Middle School – Ages 10-13
High School – Ages 14-18

Participants who attend all sessions receive a youth Y-membership for one year for completing the program.

REGISTER TODAY!

The Love Notes program is made possible through a federal grant. We partner with Indiana University Southeast (IUS) Applied Research and Education Center to track the effectiveness of the program. You may be contacted by IUS to complete a survey before and after your teen completes the program.

YMCA Love Notes • Teen Vibe Camps • yecalouisville.org

R.E.A.C.H Fridays

R.E.A.C.H Fridays are designed to provide **FOOD, FRESH PRODUCE, RESOURCES,** and **COMMUNITY SUPPORT** to individuals and families.

WHAT DOES R.E.A.C.H. MEAN?
R RESOURCES
E EMPOWERMENT
A ASSISTANCE
C COMPASSION
H HOPE

- FOOD**: Nutritious food to help our community thrive.
- FRESH PRODUCE**: Fresh, quality produce to support healthy lifestyles.
- RESOURCES**: Connecting individuals and families to valuable resources.
- COMMUNITY SUPPORT**: Building a stronger, healthier community together.

DATE	LOCATION	TIME
May 22, 2026	Hope Connect 2313 W Market St, Louisville, KY 40212	6 PM - 8 PM
May 29, 2026	Hope Connect 2313 W Market St, Louisville, KY 40212	6 PM - 8 PM
July 3, 2026	Hope Connect 2313 W Market St, Louisville, KY 40212	6 PM - 8 PM
July 17, 2026	Hope Connect 2313 W Market St, Louisville, KY 40212	6 PM - 8 PM

LOCATION
HOPE CONNECT
2313 W Market St, Louisville, KY 40212

WE NEED YOU!
VOLUNTEER. DONATE. MAKE AN IMPACT.
Your time, resources, and compassion help us build hope and strengthen our community.

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BUILDING HOPE. STRENGTHENING COMMUNITY. TOGETHER.

Summer Reading is back...and it's WILD!

LFPL's Summer Reading Program has been a Louisville tradition for nearly a century, helping children and teens avoid summer learning loss by encouraging them to read for fun and offering prizes and incentives. Summer Reading returns May 30 and runs through August 1.

Infants through kindergarteners: READ* 20 BOOKS *(or have read to them) 1st through 5th graders: READ 10 BOOKS, 6th through 12th: READ 6 BOOKS ...and remember: You can read more than just books. Audiobooks, comics and manga, and graphic novels count, too!

Everyone who completes Summer Reading will receive a Red Panda Fanny Pack, plus free passes for: Kentucky Science Center, Frazier Kentucky History Museum, the Ali Center, Locust Grove, Squire Boone Caverns, Louisville Slugger Museum & Factory, Hwang's Martial Arts, the Belle of Louisville, a Racing Louisville soccer game, a Louisville Bats baseball game, an Ehrler's Ice Cream, a kids meal from Biscuit Belly, and a Fazoli's Italian Ice. Plus you're automatically entered for grand prize drawings at the end of Summer Reading. Preregister at www.lfpl.org/summerreading or download the Beanstack Tracker app and read the appropriate number of books for your age group and log them in Beanstack.

Cowork. Connect. Create.
Friday June 5th at The Presley
Post from 12-5PM

Join our FREE monthly
coworking session alongside Kesh
Love of the Underground Lou.
An elevated, focused environment
for Louisville professionals ready
to get work done and connect with
the right people.

RSVP at www.thepreselypost.com

Verizon Wireless Digital Ready FREE events**Drafting and publishing your content Mon, Jun 8: 12:00-2:00 PM ET**

This event is ideal for: Businesses who struggle with content for marketing purposes

At the end of this event, you'll have the tools to: Know what content creation actually looks like and how you can fit it into your busy life.

Topics included: Online marketing & Social media

Event details: Content marketing is a powerful way to educate, position yourself as an authority, and capture the attention of your audience. It can be time consuming, but there are ways that professional content creators do it that saves them overall time and effort. Learn from a pro how to make content marketing work for you!

Unlocking government contracts: All about RFPs Mon, Jun 8: 3:00-5:00 PM ET

This event is ideal for: Businesses interested in getting a government contract

At the end of this event, you'll have the tools to: Understand how to read an RFP and understand if it is something worthwhile for your business to pursue.

Topics included: Operations & Supplier readiness

Event details: Winning government contracts starts with submitting a strong, competitive proposal. In this session, you'll learn how to respond to government solicitations with confidence and strategy. We'll cover the entire process—from deciding whether to bid to assembling your response team and creating a timeline. Discover best practices for crafting proposals that stand out by addressing requirements, showcasing your unique value, and presenting clear, concise responses. Plus, we'll highlight common mistakes to avoid and provide insights into how proposals are evaluated. Sign up now to take your government contracting skills to the next level!

Profit selling Tue, Jun 9: 2:00-4:00 PM ET

This event is ideal for: Businesses looking to increase the number of sales, the profit per sale, and the average sale amount.

At the end of this event, you'll have the tools to: Know what data collection serves your business. How to analyze data, and make improvements to your business' bottom line.

Prior to this event, you should: Gather what sales data you have: churn rate, average sale, and customer/client frequency to start

Topics included: Boost profits & Operations

Event details: Did you know that there are proven, actionable steps to increase profitability for your small business? In this Ask the Expert session, learn ins and outs of what it takes to become successful at selling, such as building rapport, overcoming objections, and understanding your customers' needs. Our expert will properly prepare you for selling with specific ways to close sales, acquire referrals, and evaluate your sales performance. Ready to level up your sales skills and maximize profitability?

Peer to peer check-in Wed, Jun 10: 9:30-10:30 AM ET

This event is ideal for: Small business owners looking for accountability and community support, entrepreneurs navigating roadblocks, growth challenges, or new business goals. Founders seeking feedback, motivation, and collaborative problem-solving. Those wanting to connect with other business owners in a peer-supported environment.

At the end of this event, you'll have the tools to: Have clearer business goals across areas such as Technology, Marketing, Social, or Operations. Gain actionable feedback and solutions to current challenges or roadblocks. Walk away with renewed motivation, accountability, and peer-backed support. Identify next steps to support your business progress and momentum. Meet other small business owners and learn from your peers as you build your professional network.

Prior to this event, you should: Come ready to share current goals, challenges, or wins with the group. Be prepared to ask questions and offer insights to fellow entrepreneurs. Be open to collaboration, feedback, and brainstorming solutions.

Event details: This monthly interactive session is designed to help small business owners stay on track, break through roadblocks, and tap into the power of peer support. Participants will have the opportunity to define goals, share progress, celebrate wins, and troubleshoot challenges alongside a supportive network of other entrepreneurs. Through group discussion and shared insights, this session creates space for accountability, problem-solving, motivation, and community connection — helping small business owners move forward with clarity and confidence.

SEO made simple Thu, Jun 11: 2:00-4:00 PM ET

This event is ideal for: Business owners whose website is buried on the back pages of search results. Business owners who want to learn actionable ways to drive traffic to their business. Business owners with existing digital marketing platforms.

At the end of this event, you'll have the tools to: Learn simple, actionable strategies to improve your website's search engine ranking. Identify key phrases your customers are actually searching for. Leave with a prioritized list of tasks you can tackle immediately to start climbing the search rankings. Get paired with an industry expert to work directly on a specific aspect of your business.

Prior to this event, you should: Have your website ready to collaborate with the SEO expert and peers.

Event details: Is your website buried on the back pages of search results? This is a hands-on, working session (not a webinar filled with confusing technical jargon) designed to help you improve your website's Search Engine Optimization (SEO). You will work directly with an SEO expert in a small classroom to analyze your own website, delving into search engine basics, tagging, and keywords.

*** All classes are via zoom and can be found at www.digitalready.verizonwireless.com**



FANFAIR

JUNE 6, 9am - 11am
The Edison Center, 701 W. Ormsby Ave.

Free Fan Fair Saturday June 6th 9 am-11 am at the Edison Center

To receive a free electric fan, you must:

- Be 60 years or older OR have documentation verified by a physician of a physical disability
- Be a resident of Jefferson, Oldham, Henry, Shelby, Spencer, Trimble or Bullitt counties
- Provide proof of address and age

Individuals are eligible for one free fan per eligible household and are on a first come first serve basis. Located at the Edison Center 701 W. Ormsby Avenue in Louisville, KY 40203 Saturday June 6th from 9AM-11AM. Contact 502.574.5050 for additional information.

Healthy Recipes



Lemony Kale with Toasted Almonds

Serves: 2-3 Est. cost: \$2.44 Est. cost per serving: \$1.22

Ingredients:

- 2 tbsp sliced almonds, raw and unsalted
- 1 tsp extra virgin olive oil
- 1 bunch curly kale, de-stemmed and roughly chopped
- 1 pinch sea salt
- 2 cloves garlic, minced
- 1 tbsp fresh lemon juice
- 1/2 tbsp coconut aminos (or reduced sodium soy sauce)

Equipment: Cutting board, knife, small skillet, large sauté pan, spoon

Directions:

1. In a small pan, dry toast almonds over low heat for 2-3 minutes. (Continuously shake the pan until almonds become aromatic and not burnt).
2. Remove from heat and set aside.
3. In a large sauté pan, heat oil over medium heat.
4. Add kale and cook for 30 seconds.
5. Add salt, garlic, lemon juice, coconut aminos, and toss to coat. (Continue tossing mixture until kale is wilted, about 2 minutes; Taste kale and adjust flavors with a pinch of salt, lemon juice, or coconut aminos).
6. Remove the kale mixture from the heat
7. Serve in a bowl and garnish with toasted almonds. Enjoy!

Health Benefits:

Kale includes the nutrients potassium and fiber. Both have been shown to reduce blood pressure and cholesterol levels leading to improved cardiovascular health. Almonds are high in unsaturated fats which can help cholesterol levels by lowering LDL and increasing HDL.

Almonds are also a great source of fiber to help you feel fuller longer and control blood sugar levels

References: Recipe from Reanetta Perkins, 2023

Horoscopes

Aries 3/21-4/19 You may feel compelled to go above and beyond for others this week! The 6 of Pentacles is a card of generosity, charity, and giving and receiving. This could be in a literal sense, indicating that you may give someone a loan or some other kind of financial support. However, this could also be a time when you are generous in spirit, helping someone move, lending advice, or offering much-needed support to a loved one going through a tough time. Some of the most treasured gifts we give to others are free.

Taurus 4/20-5/20 Have you had your head in the clouds recently? The Knight of Pentacles is urging you to come back down to Earth and apply effort to your ideas this week. Maybe you've been suffering from a case of "all talk and no action." Alternatively, you could be putting off your day-to-day responsibilities in favor of more exciting offers. No matter what your situation, you're being encouraged to create a plan of action or stick to a routine, as progress is best achieved through discipline.

Gemini 5/21-6/20 The Chariot is a card that encourages willpower, action, and self-control. This week, you're being asked to step into your power and bravely take the reins as you propel yourself toward a goal you have. This is no time to passively wait for good things to happen to you. This card knows that anything worth having requires hard work and discipline. By strapping on your emotional and mental armor, you allow yourself to charge into your future, undeterred by whatever obstacles pop up along the way.

Cancer 6/21-7/22 Your message for the week is one about creating more balance in your life. The Tarot gives you many opportunities to consider this theme, but The World card is quite possibly the ultimate expression of that need. This card is encouraging you to look at every realm of your existence -- emotional, physical, mental, and spiritual. Have you been lacking harmony in one of these areas? If so, you're being advised to not only figure out how to achieve that balance, but how to maintain it as well.

Leo 7/23-8/22 It's time to celebrate! The 4 of Wands recognizes you've been putting forth great effort toward your goals. While it's tempting to keep charging forward, it's nice to pause and simply appreciate all that you've achieved so far. Allow others to share in this commemoration of your success. This can be anything from hosting a small celebratory dinner to throwing a raucous party. Remember, you can still strive toward your goals while stopping every once in a while to enjoy the fruits of your labor.

Virgo 8/23-9/22 The 2 of Cups recognizes that partnership is going to be center stage for you this week. This partnership could be of the romantic variety, or it might be a something you've built with a platonic or professional ally. Even though the relationship you have with this person is still in the early stages, it has the potential to grow into something that will benefit the both of you long-term. Spend time cultivating this relationship now, while also rejoicing in the fact that your combined forces and mutual admiration will take you both far.

Libra 9/23-10/22 Keep an open heart and an open mind this week! The Page of Cups is urging you to go back to the time in your life when you were more childlike, more fearless, more idealistic. It could be that past or recent circumstances have made you more cynical and closed off as a way to shield yourself from getting hurt. While this approach can certainly help you avoid more pain, it may also prevent you from experiencing life's pleasures. Don't let your past dictate your future in this way. Learn to trust again.

Scorpio 10/23-11/21 The 3 of Swords wants to recognize the grief or heartbreak you may be suffering from currently. Perhaps you've been betrayed, or it could be that you're experiencing some sort of mental anguish. This week, this card is asking you to persevere and stay in control of your emotions so that you can move forward without falling apart. Just be sure that you don't become permanently detached in your efforts to remain strong. If you remain in touch with your emotional side, you could come out on the other side of this situation capable of loving even more deeply.

Sagittarius 11/22-12/21 Don't give up just yet! Your card this week, the 7 of Pentacles, is reminding you that anything worth having can't be achieved overnight. Perhaps you've been working on a project or area of your life and haven't yet reaped the rewards of your efforts. Understandably, this has been a source of frustration for you. Remind yourself that this wasn't an easy task and take pride in the effort you've already put forth. Your hard work and patience may not have paid off just yet, but they will soon enough.

Capricorn 12/22-1/19 The possibilities are truly endless for you right now! The 3 of Wands is signaling that you will have an abundance of opportunities to expand your horizons in some way. Look beyond your current circumstances for a moment and consider your future. What is it that you envision for yourself? Now is not the time to think small. Your potential is limitless, so take advantage of these opportunities as they present themselves to you. The greatest successes lie beyond your comfort zone.

Aquarius 1/20-2/18 The 3 of Pentacles wants to acknowledge that you're on the right track! Are you working toward something new right now? This card is encouraging you to keep going. Regardless of how grandiose this idea is, you have the skills and capabilities to make it happen. This week is the time to do your homework and prepare, creating a comprehensive plan if you don't have one already. And don't be afraid to reach out to others for help -- teamwork could take you further than you expected.

Pisces 2/19-3/20 You could find yourself committed to a new cause this week! The Hierophant is a card that represents belief systems, traditions, and institutions. You may have been feeling lost, aimless, and in need of direction. If you've been considering joining a new group, now is the time! Being surrounded by people of a similar mindset could offer you the type of community you've been missing. These allies could eventually become a powerful source of support as you explore the person you're becoming. *Tarot.com*

