

Dec 15th- Dec 21st
2024

The Underground Lou

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Issue
#115

Louisville has signed a 'historic consent decree agreement with the United States Department of Justice'

Written by: Maxwell Mitchell
www.staylivestreams.com

A press conference took place inside of the Mayors Gallery on the fourth floor at 527 W. Jefferson St. Speakers included Mayor Greenberg, Assistant Attorney General Kristen Clarke and LMPD Chief Paul Humphrey. Below is a brief summary of what they discussed.

The Department of Justice is holding a virtual public information session to share more about the Decree and talk about next steps on December 16 at 7:30PM EST. They ask that you share this invitation with anyone who may be interested in joining:
https://www.zoomgov.com/webinar/register/WN_O8uZMp10QZaMqSLP1bix2Q#/registration. ASL and Spanish Interpretation will be provided.

Greenberg made it appoint that he and his administration did not wait unlike other cities who are currently under consent decrees. These cities include:

- Springfield, Massachusetts: Resolution date of April 13, 2022
- Chicago, Illinois: Resolution date of January 31, 2019
- Baltimore, Maryland: Resolution date of April 7, 2017
- Newark, New Jersey: Resolution date of May 5, 2016
- Ferguson, Missouri: Following the murder of Michael Brown
- Minneapolis, Minnesota: Following the murder of George Floyd

As of last week, now, Louisville, Kentucky following the murder of Breonna Taylor and a long list of infractions that can be read in the DOJ Findings document.

You can hear more about that press conference at the following link:
<https://www.facebook.com/maxwellamitchell/videos/598245865687115>

Greenberg thanked those who demanded change and, in his words, 'staying the course on that long road toward these reforms. Your willingness to demand meaningful and lasting change helped bring us to this moment'. After hearing this, many wondered would he then help drop the (cont. page 3)



What to Do in the Lou

12/16 *The Don Krekel Orchestra Holiday Concert* 7PM-9:30PM Comedy Caravan 1250 Bardstown Road www.ticketleap.com

12/17 *Melannaire Marketplace* 11AM-3PM 500 W. Jefferson St www.melannaire.com

12/17 *Poetry Nights* 8PM-11PM Tartan House 1027 E. Main Street www.tartanhousebar.com

12/18-22 *Louisville Loves a Charlie Brown Christmas* 6:30PM-10:30PM Whiskey Thief Louisville 610 Nanny Goat Strut www.whiskeythiefevents.com

12/18 *Grinch Bingo* 7PM B.A. Colonial 818 W. Kenwood Dr. 502.242.8686

12/18 *Poetry & Karaoke* 7PM-9PM Art Portal 1512 Portland 502.878.6531

12/19 *Lights on Main Late Night Thursday: Classic Christmas* 5PM-8PM Frazier History Museum 829 W. Main Street www.fraziermuseum.org

12/20 *Pictures w/the Grinch* 4PM-7PM The Louisville StrEatery 304 W. Woodlawn Ave 502.398.5777

12/20 *The Annual Christmas Party to End All Christmas Parties* 5PM-2AM Saints Pizza Pub & Skybar 131 Breckinridge Lane 502.891.8883

12/20 *Glitter & Gold Christmas Party* 8:15PM Portal FifteenTWELVE 1535 Lytle St 502.909.0989

12/20 *A Tonytopia Christmas* 8PM UofL Thrust Theatre 2314 S. Floyd St www.eventbrite.com

12/20 *Ricky Skaggs & KY Thunder* 8PM Louisville Palace 625 S. 4th Street www.ticketmaster.com

12/20 *Hot Red Chili Peppers: A Tribute to Red Hot Chili Peppers* 8PM Mercury Ballroom 611 S. 4th Street www.ticketmaster.com

12/21 *Donuts w/Santa* 9AM-12PM Douglas Community Center 2305 Douglas Blvd. 502.456.8120 *Free

12/21 *That's So 90's Christmas: Drag Brunch at Le Moo* 10:45AM-3:30PM Le Moo 2300 Lexington Road www.lemoodragbrunch.com

12/21 *Brunch w/the Grinch* 11AM-12PM High Stakes Rooftop Grill 710 E. Jeffersonville St. www.opentable.com

12/21 *Christmas Audio & Record Pop-Up Show* 11AM-4PM Better Dys Records 921 Barret Ave 502.456.2394

12/21 *Book Launch, Signing & Reception: From the Depth of My Soul* 2PM-6:30PM Jeffersonville Public Library & Wall Street Suites 502.262.1404

12/21 *Black Nativity Live in Concert* 6PM Kingdom Fellowship South Central Campus 3428 Taylor Blvd. www.eventbrite.com

12/21 *Rhythm & Blues* 9PM Headliners Music Hall 1386 Lexington Rd. www.headlinerslouisville.com

12/21 *Nightmare Before Christmas Karaoke* 10PM Get in Losers 1005 W. Market St Jeffersonville, IN 812.913.1414

12/22 *Cupcake Palooza: Merry Christmas Edition* 3PM Big Bar 1202 Bardstown Rd. 502.618.2237

12/22 *KHS 2024 Holiday Party* 6PM Louisville Nature Center 3745 Illinois Ave kentuckyherpsoc@gmail.com

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In This Week's Issue!

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USING SKILLS TO KEEP YOUR COOL
Most-Fit Fitness League
Republic Bank Foundation YMCA

Most-Fit Fitness League

The Y is offering a FREE 8-week session for kids in grades 5th-12th and their families who reside in the west end of Louisville. Most-Fit Fitness League will use sports competitions to educate youth and adults in the following areas:

- Physical and mental health and wellness
- Nutrition education
- Conflict resolution
- Positive community interactions
- Avoid confrontations that lead to gun violence

Families who complete the 8-week session will receive a complimentary 6-month family community-wide YMCA membership.

SCAN HERE TO REGISTER or stop by the front desk

January 11-March 1
Saturdays
1-3pm

Republic Bank Foundation
YMCA
1720 West Broadway



Diversity and Equity in Classical Music

Join the Louisville Orchestra for Diversity and Equity in Classical Music, an inspiring evening of music and conversation highlighting women and minorities making an impact in the world of classical music. The event is **FREE** to attend at Logan Street Market beginning at 7:30 p.m. on December 17. Featuring a dynamic panel of local female musicians and composers discussing:

- **Breaking Barriers:** Breaking barriers in the orchestra industry, including the audition process and navigating the business of music.
- **Music Careers:** Unconventional journeys that led them to their careers.
- **Looking Beyond the Music:** How to ask the right questions and access valuable resources to pursue your own musical aspirations.
- **Musical Opportunities:** Opportunities beyond the Louisville Orchestra for emerging artists.

Panel moderated by Allison Cross. Presented in collaboration with the Louisville Academy of Music, the University of Louisville, and Indiana University Southeast, this event celebrates the diverse voices shaping our musical landscape. Visit www.louisvilleorchestra.org or call 502.587.8681 for more information.



Career & Training Opportunities

Paid UofL COLOR Lab Study

The COLOR Lab at UofL is investigating reactions to stress and use of stress reduction techniques for Black adults (RED Study). If you're interested in helping and receiving up to \$65 in Amazon gift cards, please see the information below.

To be eligible you must

- Be 18 years or older
- Identify as Black
- Be able to complete an in-person study at UofL

Location Part 1: Online, link below Part 2: Davidson Hall at the UofL

Compensation

- You will receive a \$15 electronic Amazon gift card for the online part of the study *Eligibility to complete the entire online portion will be based on responses to initial online items
- You will receive a \$45 Amazon gift card for completing the in person study + \$5 bonus for completing the study during your first scheduled appointment.

www.UofLcolorlab.com/RED

Mahogany Salon Now Hiring Stylist

- Open booth available
- Full or part time
- Must be licensed

Mahogany Salon at Mellwood Art Center

1860 Mellwood Ave

Contact 502.895.0123 or themahogansalonllc@gmail.com for more information

PICKUP LOCATIONS

- Dynamic Nutrition 1561 Bardstown Rd
- Xquisite Nutrition 2631 S 3rd Street
- Small Business Administrative 600 M. L. King Jr. Pl.
- Franco's 3300 Dixie Hwy
- Pocket Change 1510 Crums Lane
- Tim Pages 2922 Taylor Blvd
- AMPED 4425 Greenwood Ave
- KY AAHC 1701 W. Muhammad Ali Blvd
- Urban League 1535 W. Broadway
- AMPED RTBI 1219 W. Jefferson Street Suite 206
- Molo Village 1219 W. Jefferson Street Suite 204
- The Presley Post 734 W. Main Street Suite 106
- The Gruv 434 W. Market Street
- Rooftop Grill 414 W. Oak Street
- Southern Express Soul Food 418 W. Oak Street
- Roots 101: AA Museum 124 N. 1st Street
- House of Earlisious 4925 Poplar Level Road
- W.E.B. DuBois Academy 3901 Atkinson Square Drive
- SKS Accounting 812 Lyndon Lane
- D'Luxe Hair & Cuts 3707 Bardstown Road
- Russell Neighborhood Health Ctr 1425 W Broadway
- My Hub 2900 W. Broadway inside the NIA Ctr
- Nia Center 2900 W. Broadway
- Goodwill West Louisville 2820 W. Broadway
- Chestnut Street YMCA 930 W. Chestnut Street
- Republic Bank Foundation YMCA 1720 W. Broadway
- The Fish House & Grill 2124 W. Broadway
- Wing Station 2119 Crums Lane
- Hair La Flaire 1859 Berry Blvd
- Discount Tint & Auto 1857 Berry Blvd
- Wags Hair 801 W. Broadway
- Mahogany Salon 1860 Mellwood Ave
- Double Deuce 2529 W. Broadway
- Good Vibes Smoke Shop 2710 Rockford Lane
- Opportunity Corner 636 S. 18th Street
- Shawnee Library 3912 W. Broadway
- Bates Memorial Baptist Church 620 E. Lampton
- Southern Hospitality 3402 W. Broadway
- Health Daddy Wow 1806 Ralph Ave
- Black Jockey's Lounge 630 S. 4th Street

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JEFFERSON COUNTY PUBLIC SCHOOLS
2025-26 School Year
Enrollment Information
Application Period
Monday, November 11th, 2024 - Friday, December 20th 2024

Who Needs to Register
◆ All students who are new to the Jefferson County Public School (JCPS) District must register before they apply.
◆ If your child is **currently** enrolled in Early Childhood or an elementary, middle, or high school, **it is not necessary for you to register again.**

Who Needs to Apply
Choice Zone
◆ ALL incoming kindergarten, current 5th and 8th grade students living in the choice zone need to apply to make a close to home or far away selection.

Elementary
◆ All incoming kindergarten students need to register and apply.
◆ Incoming kindergarten students must turn 5 years old by August 1, 2025.
◆ Students interested in magnet schools and/or magnet programs for the 2025-26 school year can select up to two choices on the application.

Middle & High
◆ New and current JCPS students interested in applying for magnet schools and/or magnet programs or Academies of Louisville (high school only).

Current JCPS 5th & 8th grade students *not* living in the choice zone will be automatically enrolled in the reside school for the student's home address (**no application needed**).

Note: Middle/High school students new to Jefferson County who want to attend the reside school for their address should contact the reside school for enrollment information (**no application needed**).

Contact Us
Phone: (502) 485-6250
Email: JCPSSchoolChoice@jefferson.kyschools.us

How to Register and Apply
Online
Families can register and apply online at:
<https://www.jefferson.kyschools.us> or scan the QR code below.

What You Will Need
◆ A photo ID
◆ Proof of address current within the last 30 days (utility bill [LG&E/water], lease/deed, paycheck stub, or government-issued document). Date must be visible on the document.

School Finder
To find schools that serve your address, go to <https://apps.jefferson.kyschools.us/demographics/schoolfinder.aspx>

Norton West Louisville Hospital: A New Era of Health Equity

On Monday, November 11, 2024, Norton West Louisville Hospital officially opened its doors, marking a significant milestone in healthcare accessibility for the residents of West Louisville. This state-of-the-art, \$90 million facility spans 90,000 square feet and is located at 850 S. 28th St. on the Norton Healthcare Goodwill Opportunity Campus. With over 390 employees in clinical and nonclinical roles, the hospital addresses a critical need for comprehensive healthcare services in a historically underserved area.

In just one month since its opening, Norton West Louisville Hospital has already made a profound difference in the community. "Over the past month, more than 2,500 patients have walked through our doors for medical care ranging from primary care and preventive screenings to emergency services and inpatient care," said Russell F. Cox, president and CEO of Norton Healthcare. "This facility was built to help improve health equity in West Louisville and make access to care easier. This first month of care at Norton West Louisville Hospital is a major step in reaching a community goal of improving health outcomes."

Corenza Townsend, chief administrative officer of the hospital, echoed this sentiment, highlighting the positive feedback from patients. "The reviews since opening our doors have been excellent. Patients love the ease of access, the feeling of community, and the attention we've given to the details that make a visit go smoothly. We will continue to seek feedback so that we can continue to meet the needs of our community."

West Louisville, comprising nine neighborhoods, has faced decades of disinvestment and stark health disparities. The most recent Health Equity Report by the Louisville Metro Center for Health Equity underscores the urgent need for improved healthcare in the area. Residents of **West Louisville have a life**

expectancy 15 years shorter than those in other parts of the city, with higher mortality rates from stroke, heart disease, and cancer. Norton West Louisville Hospital is designed to meet a wide range of healthcare needs, offering inpatient treatment and operating rooms, laboratory and imaging services (including X-ray, ultrasound, CT, and MRI) and retail pharmacy.

The hospital also features integrated medical offices, housing primary care providers and specialists in fields such as cardiology, endocrinology, orthopedics, pulmonology, women's care, neurology, and oncology/hematology. Pediatric services include primary care and specialties like pediatric endocrinology and oncology/hematology. Unique to Norton West Louisville Hospital is the integration of these medical offices within the hospital itself, eliminating the need for a separate medical office building. Patients also benefit from access to providers from the Wendy Novak Diabetes Institute, a part of Norton Healthcare and Norton Children's, ensuring expert care for diabetes management in both children and adults.

In addition to medical services, the hospital offers amenities and resources aimed at fostering community well-being, including a centralized check-in area for streamlined visits, a community room for events and gatherings, a bistro for dining, outdoor green space to promote wellness and a Dare to Care food pantry to address food insecurity.

Norton West Louisville Hospital represents a long-overdue investment in the health and future of West Louisville. By addressing systemic disparities and prioritizing accessibility, this facility sets a new standard for community-focused healthcare. As it continues to grow and evolve, the hospital remains committed to improving health outcomes and advancing health equity for generations to come.

Visit www.nortonhealthcare.com or contact 502.632.8100 for additional information.

Rivulet Liqueur

Celebrating 10 Years!

"We believe that our Rivulet Artisan Pecan Liqueur is best sipped and savored neat, but we also know that it mixes incredibly well in handmade cocktails. Not only does Rivulet mix well with Bourbons, Vodkas and Tequilas, but it also lends a profile all its own to other flavored spirits to create one-of-a-kind cocktails you will suddenly love. Mixologists everywhere have created some beautiful cocktails. We hope you'll find one you love."



www.rivulet.com



Mix Rivulet 7th

- 1 1/2 oz Rivulet Liqueur
- 1 oz bourbon
- 1/2 oz Campari

Glass Type: Martini Glass

Instructions: Combine ingredients in shaker tin over ice. Shake and strain into martini glass.

Garnish: Orange peel

Visit www.rivulet.com to order yours today!

(cont. from page 1) protest charges of those who are still facing them, those who are still going through hardships and those who he thanked at a press conference Thursday morning? (See <https://www.youtube.com/watch?v=wWGvr79-OWE>) Mayor Greenberg went on to ensure that RFP will post applications for independent monitors and will hit the web soon. Many are looking to make sure that process has a heavier community involvement unlike the process that led to the signed and agreed upon decree between Louisville Metro Government, Louisville Metro Police Department and the Department of Justice.

Paul Humphrey, Chief of Louisville Metro Police

Chief Humphrey started his speech by attempting to remind those in attendance of some of the things that an officer deals with on any given day. Chief Humphrey went on to say that he does not focus on the department's shortcomings, rather the positive things the department and its officers have done.

General Kristen Clarke, Assistant Attorney

General Kristen Clarke reminded those in attendance and those watching live streams of just some of the infractions that the Louisville Metro Police Department were found to be in violation of. General Clarke went on to outline some of the specific provisions within the Consent Decree.

Under the decree the Louisville Police Department will..

1. revise use of force policies in training. New policies will ensure that officers deploy de-escalation strategies to limit dangerous tactics and refrain from using force to punish or retaliate against people.
2. improve its residential search warrant practices, this includes safeguards on the use of confidential informants. Thorough review of search warrant applications. Also, safe and lawful tactics during warrant executions.
3. ensure that its stops, searches and arrests are constitutional and that its enforcement practices do not discriminate based on race.
4. development alternatives to arrests and citations of minor issues like broken taillights.
5. strengthen its responses to and investigations of sexual assault and domestic violence including investigations into alleged officer sexual misconduct.
6. include their response to public demonstrations and protests that are critical of policing.
7. improve training, supervision and accountability systems for officers. They will ensure fair and objective investigations of alleged misconduct and continue to support civilian oversight in Louisville.
8. provide non-police responses to situations involving behavioral health crisis or unhoused people in situations that don't require a police response.

You can stay live here: <https://www.youtube.com/watch?v=wWGvr79-OWE>. Find the Consent Decree here: <https://www.justice.gov/crt/media/1379951/dl>.



Christmas Audio & Record Pop-Up Show

Looking for the perfect vintage audio gear to bring great sound to your space without breaking the bank? Look no further! The Christmas Audio & Record Pop-Up Show is the event you don't want to miss. Join us for a day filled with music, gear, and holiday cheer, featuring some of the best in vintage audio and records.

Date: 12/21/24 Location: 921 Barret Ave

Meet Jon Whyland, known as the go-to expert in vintage audio. Jon Whyland will be on hand to answer your questions and help you find the perfect gear to suit your needs and budget. With a wide selection of great equipment, Jon is here to ensure you walk away with the sound system of your dreams. The show will feature several area dealers offering a variety of records and other related items. Whether you're searching for collectible vinyl, audiophile-grade releases, or just something to add to your growing collection, you'll find plenty of options to choose from. From affordable finds to rare audiophile treasures, there's something for everyone at this pop-up event. Explore an array of gear and music that fits your style and wallet. If you've never attended one of the Derby City Music Expo shows, this event offers the perfect introduction to what they're all about. Discover the passion for music and community that makes these expos a must-visit for collectors, audiophiles, and enthusiasts alike.

If you're a dealer or interested in being part of this or future Derby City Music Expo shows, we'd love to hear from you! For details, call (502) 456-2394 or (502) 338-1765 during normal business hours. Celebrate the holiday season by diving in the world of vintage audio and records. Whether you're looking to complete your collection or find the perfect holiday gift, the Christmas Audio & Record Pop-Up Show is the place to be.





BOBEAWARDS 2024

Sponsorships are available for this year's award show! Email us at info@bobeawards.com or call us at 502.878.6531. Over 1,000 black owned businesses are nominated each year! Close to 8,000 participants nominate and vote each year.

Nominations now closed! Visit www.BOBEAWARDS.com to keep an eye open on voting for your favorite black owned business or individual in this year's awards!



Healthy Recipes



Cranberry Oatmeal Bar



Serves: 12 Est. cost: \$4.75 Est. cost per serving: \$0.40

Ingredients:

- 1 1/2 cups flour
- 1 tsp baking soda
- 1/2 tsp salt
- 1 tsp cinnamon
- 3/4 cup applesauce
- 1/2 cup honey
- 2 ea. eggs, beaten
- 1 tsp vanilla extract
- 3 cups quick cooking oats
- 1 cup dried cranberries
- 1/4 cup hot water

| Cranberry Oatmeal Bar | | |
|---------------------------|----------|----------------|
| Nutrition Facts | | |
| Serving Size: 1 Serving | | |
| Amount Per Serving | | % Daily Value* |
| Calories | 237 kcal | 12 % |
| Total Fat | 2.4 g | 4 % |
| Saturated Fat | 0.5 g | 3 % |
| Trans Fat | 0 g | |
| Cholesterol | 27.4 mg | 9 % |
| Sodium | 215.5 mg | 9 % |
| Total Carbohydrate | 50.3 g | 17 % |
| Dietary Fiber | 3.5 g | 14 % |
| Sugars | 23.1 g | |
| Protein | 5.3 g | 11 % |
| Vitamin A | 1 % | Vitamin C 0 % |
| Calcium | 2 % | Iron 10 % |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Full info at cronometer.com

Equipment: Measuring spoon, measuring cup, large spoon, medium bowl, 9x9, baking dish, parchment paper (optional), small bowl, large bowl

Directions:

1. Preheat your oven to 350°F degrees and lightly spray a 9x9 inch pan with cooking spray. Set aside.
2. In a small bowl, combine dried cranberries and hot water. Set aside for 10 minutes.
3. In a medium bowl whisk together the flour, baking soda, salt, and cinnamon. Set aside.
4. In a large bowl, mix applesauce, honey, eggs, and vanilla extract.
5. Slowly add the dry ingredients to the wet ingredients until mixed.
6. Gently stir in the oats and dried cranberries with liquid. Pour into the prepared baking disk, pressing to fully cover the bottom.
7. Bake for 20 minutes or until edges are golden brown. Allow the bars to cool, then cut and enjoy.

Health Benefits:

Oats are considered a superfood and one of the most nutrient-rich foods to consume. It is high in manganese, phosphorous, magnesium, vitamin B1, and copper.

Cranberries are high in antioxidants, with both anti-cancer and anti-inflammatory effects. They have been shown to help improve gut health, cardiovascular health and kidney/bladder infections.

References: Kelley Robertson

Horoscopes

Aquarius 1/20-2/18 Your message for the week is one about creating more balance in your life. The Tarot gives you many opportunities to consider this theme, but The World card is quite possibly the ultimate expression of that need. This card is encouraging you to look at every realm of your existence – emotional, physical, mental, and spiritual. Have you been lacking harmony in one of these areas? If so, you're being advised to not only figure out how to achieve that balance, but how to maintain it as well.

Pisces 2/19-3/20 Receiving the Hanged Man could indicate a major shift in perspective is coming this week. Alternately, it may mean that some sort of sacrifice is needed. The process The Hanged Man wants you to undergo in the days ahead may feel uncomfortable, but it can lead you to a much-needed release of negative past patterns that are no longer serving you. What have you been holding on to, and how have these beliefs held you back? This week you're being encouraged to let go of them once and for all.

Aries 3/21-4/19 Your breakthrough moment has arrived! The Ace of Swords signals that the fog is lifting, and you have greater mental clarity this week. It may feel as though you're viewing the world through a brand-new lens, one that helps you cut through the noise and get to the heart of the matter. Is a situation not what it seems? Has someone been deceiving you? Have you been deceiving yourself? You're being handed an opportunity to clear the air and see things for exactly what they are.

Taurus 4/20-5/20 The High Priestess is primarily a card about intuition. This week, you're being called to work on your perceptive skills, so that you can fine-tune your ability to hear your inner voice and receive messages from your unconscious mind. Have you been out of balance in a certain area of your life? Are you unsure if you're on the right path regarding a specific situation? This card is encouraging you to connect with your internal wisdom, because the answer you're seeking is already inside of you.

Gemini 5/21-6/20 Are your beliefs aligned with your actions in the world? Have you been making choices that reflect your highest self? That's the question the Justice card wants you to ask yourself this week. This is especially important if you're facing a major decision right now. What you do could have a long-lasting impact – either positive or negative – on both you and the people around you. Connect with your intuition and allow it to be the compass that leads you down the right path, so you can avoid unintended consequences down the road.

Cancer 6/21-7/22 This could be the week you finally release something that has been hanging over you for far too long. The 6 of Swords serves as a reminder that, although it may be difficult, sometimes we have no choice but to move on from a challenging situation. What have you been holding onto that has prevented you from creating a brighter future for yourself? Now is the time to let this go once and for all. This won't be an easy task, but ultimately, it is the right thing to do.

Leo 7/23-8/22 You can run, but you can't hide this week! The 7 of Swords acknowledges you may be trying to avoid or escape a situation you're better off confronting head-on. Have you been putting off a tough conversation with a friend? Not yet ready to talk with your partner about where your relationship is headed? Are you letting professional tension build rather than dealing with it? Remember, dodging this issue won't make it better. In fact, it could even make it worse. The time to deal with this matter is now.

Virgo 8/23-9/22 An opportunity could present itself to you this week, and the King of Wands is acknowledging that you have the strength and fortitude to accept it! Have you shied away from leadership roles in the past? Have you felt overwhelmed by taking on more responsibilities? Now is the time to stand firm in your power and own the visions you have. The key to success is becoming very clear about where you want to go and setting realistic goals that will help you get there. Go out there and grab the brass ring!

Libra 9/23-10/22 Let the good times flow! The 3 of Cups is a card of celebration and friendship, so you could find yourself in "party mode" this week with those closest to you. Organize a night out on the town with friends. Host a dinner party for family. Gather a few coworkers and hit up a happy hour. This isn't so much about what you do as it is the camaraderie you'll feel with those around you. Life isn't all about responsibilities and commitments, so let loose and enjoy yourself right now!

Scorpio 10/23-11/21 The Emperor is encouraging you to have total ownership of your true power! Your life experiences have helped you gain valuable wisdom and insight. How can you use this to help yourself? How can you use this to help others? This week you might be asked for guidance or advice from someone close to you – don't shy away. Alternately, you may be faced with a difficult personal decision. Don't worry, you now have the kind of knowledge and perspective that will help you navigate either of these scenarios with positive results.

Sagittarius 11/22-12/21 Receiving the 9 of Cups could signal that this is the week when your stars will finally begin to align. When this card appears in a reading, it is a signal from the universe that everything in your life is as it should be. This dose of fortunate energy could mean feeling perfectly content in your job, your relationship, your friendships – your emotional cup could truly runneth over! Take the time to stop and appreciate the abundance of blessings life is offering you right now.

Capricorn 12/22-1/19 Lucky you! The 10 of Pentacles represents security, as well as success and accomplishment. Have you not been properly recognized for your professional efforts? Has it felt like the universe has put one obstacle after another in front of you? Has money been tight? Have you felt deflated in matters of the heart? Well, good news has arrived! You could finally see things coming together for you this week in one or more of these areas, rewarding you with a sense of satisfaction for staying the course no matter how tough things were. Tarot.com