

Oct 27th- Nov 2nd  
2024

# The Underground Lou

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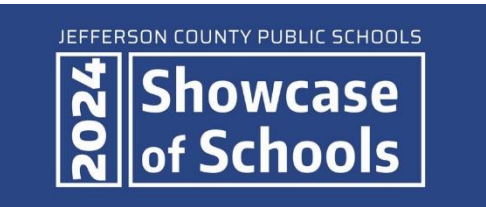
Issue  
#109

## Last Week to Nominate for This Year's BOBEAWARDS

Over 1,000 Black Owned Businesses and Individuals Celebrated Each Year

This week is your last chance to nominate your favorite black owned business or individual for the Black Owned Business and Excellence Awards. 2024 makes the fourth celebration for the BOBEAWARDS which includes over 1,000 businesses and individuals. Each year close to 8,000 people nominate and vote during the awards. There

## Explore Your Students Options at the 2024 JCPS Showcase of Schools



Explore all that Jefferson County Public Schools (JCPS) has to offer at the annual JCPS Showcase of Schools happening on Saturday, November 2nd from 9 a.m. to 2 p.m. at the Norton Healthcare Sports and Learning Center, located at 3029 W Muhammad Ali Blvd. This event is a chance for families and students to discover school options and specialized programs across JCPS for the 2025-26 school year.

With over 160 JCPS schools represented under one roof, families can easily access detailed information on each school's offerings.

Representatives from each school will be available to answer questions and provide insights on various programs, including magnet schools and career programs. The showcase is an ideal setting for families to explore which school options may be the best fit for their child's interests and educational needs.

To make the most of this event, check out the JCPS Choices Books in advance. These resources provide a detailed overview of each school's programs, focus areas, and unique features, helping families identify schools they're most interested in. Whether

(Cont. on page 3)

**BLACK OWNED BUSINESS & EXCELLENCE Awards 2024**

**NOMINATIONS CLOSE NOV 3RD @MIDNIGHT!**

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are 42 categories to choose from including fashion, education, finance, real estate and more. Tickets, date and location will be announced once voting begins. Nominations end Sunday November 3rd at midnight. You can nominate at [www.bobeawards.com](http://www.bobeawards.com). If you are interested in sponsorships or volunteering please contact [info@bobeawards.com](mailto:info@bobeawards.com) or call 502.878.6531.

## What to Do in the Lou

- 10/30 Trunk or Treat 4PM-7PM** 915 E. Liberty Street Old 502 Winery 502.472.4934/502.337.2170
- 10/30 Cheap Skate Wednesdays** 5PM-8PM Champ's Rollerdomo 9851 La Grange Road [www.skateatchamps.com](http://www.skateatchamps.com) \*Family friendly
- 10/30 Costumes & Cocktails** 7PM-10PM The Depot 701 Michigan Ave Jeffersonville, IN \*Free entry [www.thedepotatnoco.com](http://www.thedepotatnoco.com)
- 10/30 Gold Over America Tour Starring Simone Biles** 7:30PM KFC Yum! Center 1 Arena Plaza [www.kfcyumcenter.com](http://www.kfcyumcenter.com)
- 10/31 Halloween Book Swap** 6PM-9PM Trouble Bar 1149 S. Shelby Street 6PM-9PM [www.troublebarlou.com](http://www.troublebarlou.com)
- 10/31 Halloween Karaoke Party** 8PM High Horse Bar 1032 Story Ave [www.highhorsebar.com](http://www.highhorsebar.com)
- 10/31 Not Tonight Open Mic Halloween Show** 8:30PM Never Say Die Bar 3900 Shelbyville Road [www.neversaydiebar.com](http://www.neversaydiebar.com)
- 10/31 Bad to the Bone** 9PM-1AM Noraebar 717 E. Market Street [www.noraebar.com](http://www.noraebar.com)
- 11/1 Dia De Muertos Party** 11PM The Hub 2235 Frankfort Ave [www.hublouisville.com](http://www.hublouisville.com)
- Leaders of Tomorrow NBMBAA KY Chapter Open House** 6PM-7PM AMPED RTBI 1219 W. Jefferson Street [www.kynbmbaa.org/kylot/](http://www.kynbmbaa.org/kylot/)
- 11/2 2024 Showcase of Schools** 9AM-2PM Norton Healthcare Sports & Learning Center 3029 W. Muhammad Ali [www.jefferson.kyschools.us](http://www.jefferson.kyschools.us) 502.485.3011
- 11/2 Early Voting Pull Up** 11AM-1PM KY Center for Arican American Heritage 11701 W. Muhammad Ali Blvd. 502.583.4100
- 11/2 Family S.T.E.M Day** 11AM-3PM South Central Regional Library 7300 Jefferson Blvd [www.lfpl.org](http://www.lfpl.org) 502.574.1611
- 11/2 5 de Mayo Grand Opening** 5PM-11PM 5520 Fern Valley Road Suite 115 502.882.1221
- 11/2 Epiphany Halloween 2024 Edition** 11PM-3AM Number 15 121 W. Main Street [www.eventbrite.com](http://www.eventbrite.com)
- 11/2 SNL Middle School Party** 6PM-9PM Schooler Prep Academy 2509 Portland Ave
- 11/2 GVO Scorpio Bash** 9PM-2AM Black Jockey Lounge 630 S. 4th Street [www.eventbrite.com](http://www.eventbrite.com)
- 11/3 Sunday Morning Yoga** 9:45AM-11AM 3rd Turn Brewing 10408 Waterson Trail [yogawithbecca@gmail.com](mailto:yogawithbecca@gmail.com) \*Every Sunday
- 11/3 Cory Miller & Friends** 7PM Louisville Comedy Club 110 W. Main Street [www.louisvillecomedy.com](http://www.louisvillecomedy.com)
- 11/4 & 11/6 KMD Fit Camp** 6PM-6:45PM Studio Hustle 131 St. Mathews Ave [www.kmdfit.com](http://www.kmdfit.com) \*Every Monday & Wednesday

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  - 50 locations!
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- Subscribe for FREE at [www.theundergroundlou.com](http://www.theundergroundlou.com)
- [advertise@theundergoundlou.com](mailto:advertise@theundergoundlou.com)

**PARKS WITH public Wi-Fi**

1 Alberta O. Jones	9 Lannan
2 Algonquin	10 Medora
3 Ben Washer	11 Okolona
4 Boone Square	12 Petersburg
5 Fern Creek	13 Riverview
6 G.G. Moore	14 St. Louis
7 Highview	15 Victory
8 Iroquois	16 Waterson Lake

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502-759-3165  
[www.etfashions.net](http://www.etfashions.net) [et\\_fashions\\_](http://et_fashions_)



Editor's Note: "If you realized how much stress affects your health, you would think twice about looking at the glass half empty."

# KMD Fit Camp

Small Group Strength, Mobility, and Endurance Training for all fitness levels. Also includes group nutrition coaching.

**Mondays and Wednesdays**  
6pm-645pm

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(Inside Studio Hustle)

**\$150 per month**

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# WHAT'S ON YOUR BALLOT?

**RECLAIM YOUR VOTE**  
PROTEST TO POWER

OUR PEOPLE  
OUR VOTE.  
[opov.branch.vote](https://opov.branch.vote)

STEP 2 **REVIEW YOUR BALLOT**



# Early Voting Locations

10/31-11/2/24 | 8 am-6 pm

- Bowman Field Administration Building
- Goodwill Opportunity Campus
- JCCO West Branch
- Ky Center for African American Heritage
- The Heritage Shively Park
- UofL Shelby Campus Founders Union Bldg

**SEE THE COMPLETE LIST**  
[bit.ly/3YCmPOU](https://bit.ly/3YCmPOU)

STEP 1 **FIND A LOCATION**



Career & Training Opportunities

# MOMS & DADS MATTER!

Participate in our study and show us how!

**WHAT:** Parenting Teens Project (primary investigator: Dr. Chelsie Temmen)

**HOW:** We are looking for teens ages 13-18 and their mother and father to complete an online survey. Teens must be living with both their parents to qualify for participation.


**WHY:** We want to learn how mothers and fathers are involved in their teens' lives.

**WHEN & WHERE:** All surveys can be completed on your computer or mobile device. Parent surveys take 15-20 minutes. Teen survey takes 25-30 minutes.

Each family will receive a \$40 Amazon gift card after completing the survey.

For more information about the Parenting Teens Project or to sign up, call (502) 694-0650 or email [temmenyouthlab@gmail.com](mailto:temmenyouthlab@gmail.com)

**UNIVERSITY OF LOUISVILLE**



# Mahogany Salon Now Hiring Stylist

- Open booth available
- Full or part time
- Must be licensed

Mahogany Salon at Mellwood Art Center 1860 Mellwood Ave

Contact 502.895.0123 or [themahoganyсалonllc@gmail.com](mailto:themahoganyсалonllc@gmail.com) for more information



# Digital Literacy Train the Trainer

University of Louisville: Digital Transformation Center

- Earn digital skills
- Earn \$500 stipend upon completion of program
- Learn conversational, AI, Form Data Gathering & Data Analytics
- Earn four or more micro-credentials
- Become a community trainer

**APPLY HERE** [www.uofl.edu/dtc](https://www.uofl.edu/dtc) **LEARN MORE** [www.uofl.edu/dtc](https://www.uofl.edu/dtc)

 [duffy@uofl.edu](mailto:duffy@uofl.edu)



# WRBS Foundation Scholarship

Royal Blues Scholars Foundation Inc.

The 2024-2025 Royal Blue Scholars Foundation, Inc. scholarship application is now open! To apply, please send your completed application and supporting documents to [baxzscholarships@gmail.com](mailto:baxzscholarships@gmail.com). The deadline to submit your application is January 15, 2025 at 11:59 pm EST.

If you have any questions or need assistance with the application process, please feel free to contact our Scholarship Committee at [baxzscholarships@gmail.com](mailto:baxzscholarships@gmail.com) or visit [www.betalphaxizeta.com](http://www.betalphaxizeta.com).

**Royal Blue Scholars**  
FOUNDATION, INC.



PICKUP LOCATIONS

- Dynamic Nutrition 1561 Bardstown Rd
- Xquisite Nutrition 2631 S 3rd Street
- Small Business Administrative 600 M. L. King Jr. Pl.
- Franco's 3300 Dixie Hwy
- Pocket Change 1510 Crums Lane
- Tim Pages 2922 Taylor Blvd
- AMPED 4425 Greenwood Ave
- KY AAHC 1701 W. Muhammad Ali Blvd
- Urban League 1535 W. Broadway
- AMPED RTBI 1219 W. Jefferson Street Suite 206
- Molo Village 1219 W. Jefferson Street Suite 204
- The Presley Post 734 W. Main Street Suite 106
- The Gruv 434 W. Market Street
- Rooftop Grill 414 W. Oak Street
- Southern Express Soul Food 418 W. Oak Street
- Roots 101: AA Museum 124 N. 1st Street
- House of Earlisious 4925 Poplar Level Road
- W.E.B. DuBois Academy 3901 Atkinson Square Drive
- SKS Accounting 812 Lyndon Lane
- D'Luxe Hair & Cuts 3707 Bardstown Road
- Russell Neighborhood Health Ctr 1425 W Broadway
- My Hub 2900 W. Broadway inside the NIA Ctr
- Nia Center 2900 W. Broadway
- Goodwill West Louisville 2820 W. Broadway
- Chestnut Street YMCA 930 W. Chestnut Street
- Republic Bank Foundation YMCA 1720 W. Broadway
- The Fish House & Grill 2124 W. Broadway
- Wing Station 2119 Crums Lane
- Hair La Flaire 1859 Berry Blvd
- Discount Tint & Auto 1857 Berry Blvd
- Wags Hair 801 W. Broadway
- Mahogany Salon 1860 Mellwood Ave
- Double Deuce 2529 W. Broadway
- Good Vibes Smoke Shop 2710 Rockford Lane
- Opportunity Corner 636 S. 18th Street
- Shawnee Library 3912 W. Broadway
- Bates Memorial Baptist Church 620 E. Lampton
- Southern Hospitality 3402 W. Broadway
- Health Daddy Wow 1806 Ralph Ave
- Black Jockey's Lounge 630 S. 4th Street

Let us know where you'd like to see the Lou!  
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Donations: \$pcimediaandco



Free Weatherization Kits

Weatherization kits and window plastic will be available free of charge to seniors ages 55 and up and individuals with disabilities.

Participants must be residents of Jefferson County.  
Items will be available for pickup Saturday November 2nd and Saturday November 9th.

To sign up contact 502.636.9276 or scan the QR code.



BOBEAWARDS 2024

Sponsorships are available for this year’s award show!  
Email us at [info@bobeawards.com](mailto:info@bobeawards.com) or call us at 502.878.6531. Over 1,000 black owned businesses are nominated each year! Close to 8,000 participants nominate and vote each year.

Nominations are still open! Visit [www.BOBEAWARDS.com](http://www.BOBEAWARDS.com) to nominate your favorite black owned business or individual in this year’s awards!

JEFFERSON COUNTY PUBLIC SCHOOLS

2024 Showcase of Schools

SHOWCASE SHUTTLES

Saturday, November 2 | 9 a.m.–2 p.m.

Norton Healthcare Sports & Learning Center

All JCPS Schools in One Place for One Day Only

JCPS SHOWCASE PICK-UP/DROP-OFF LOCATIONS

Ballard High	Hudson Middle	Perry Elementary
Blue Lick Elementary	Male High	Southern High
Cane Run Elementary	Mill Creek Elementary	

Note: The last bus leaves Norton Healthcare Sports & Learning Center at 1 p.m. No kids under the age of 3 or strollers will be allowed on JCPS buses transporting families to the 2024 Showcase of Schools.

Scan the QR code to see the shuttle schedule.

JCPS

Rivulet Liqueur

Celebrating 10 Years!

“We believe that our Rivulet Artisan Pecan Liqueur is best sipped and savored neat, but we also know that it mixes incredibly well in handmade cocktails. Not only does Rivulet mix well with Bourbons, Vodkas and Tequilas, but it also lends a profile all its own to other flavored spirits to create one of a kind cocktails you will suddenly love. Mixologists everywhere have created some beautiful cocktails. We hope you’ll find one you love.”

[www.rivulet.com](http://www.rivulet.com)



Rivulet artisan pecan liqueur

Rivulet 7th & Main

- 1 1/2 oz Rivulet Liqueur
- 1 oz bourbon
- 1/2 oz Campari

Glass Type:  
Martini Glass

Instructions:  
Combine ingredients in shaker tin over ice. Shake and strain into martini glass.

Garnish:  
Orange peel

Visit [www.rivulet.com](http://www.rivulet.com) to order yours today!

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SMALL BUSINESS CREDIT SURVEY

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Atlanta • Boston • Chicago • Cleveland • Dallas • Kansas City • Minneapolis  
New York • Philadelphia • Richmond • St. Louis • San Francisco

Small Business Credit Survey

The Federal Reserve’s 2024 Small Business Credit Survey is now open, and Amped is a partner on this effort. Owners and key financial decision makers of for-profit businesses, share your recent experiences about whether and how you use debt, what financial conditions you face, and more.



Answers to these questions contribute to data that directly inform the Fed, federal government agencies, service providers, policymakers, and others—a public good ultimately benefiting your business and others like yours. The survey is open to businesses currently in operation, those recently closed, and those about to launch. All responses are confidential. The survey closes November 1, 2024. Questions? Contact Hal Martin at [hal.martin@clev.frb.org](mailto:hal.martin@clev.frb.org).

Goodwill Young Adult Opportunity Campus Create More Options for Those in Need

On Wednesday, October 23rd from 11 a.m. to 1 p.m., Goodwill Industries of Kentucky, joined by Mayor Craig Greenberg, KentuckianaWorks, and other local supporters, celebrated the grand opening of its Young Adult Opportunity Center at 216 W. Chestnut Street. This new center, designed for young adults ages 16-24 facing barriers to employment and self-sufficiency, is an opportunity that provides free career and educational resources aimed at empowering youth who have been affected by justice involvement, homelessness, abuse, or other significant challenges.

The Young Adult Opportunity Center is one of Goodwill’s 12 statewide Opportunity Centers, each created to support individuals in overcoming obstacles to economic independence. With a strong emphasis on workforce development, this Louisville-based center offers resources developed in partnership with KentuckianaWorks, the workforce development board for the Louisville region. It will also feature “The Spot” programming, specifically designed to meet the unique needs of young adults in the area.

The center will provide a range of services including:

- Barrier Identification – Working with individuals to recognize and address obstacles to success.
- Soft Skills Training – Building essential interpersonal and workplace skills.
- Educational Assistance – Support for those pursuing high school equivalency or vocational training.
- Behavioral and Mental Health Services – Access to counseling and support services.
- Legal Assistance and Expungement – Resources to help those with justice involvement overcome legal barriers.
- Digital and Financial Literacy Training – Skills to navigate today’s digital and financial landscapes.
- Resume Writing, Mock Interviews, and Personal Branding – Job search support to boost self-confidence and marketability.
- Paid Internships and Job Placement – Real-world work experience and job connections to build career paths.

These services aim to help young adults reach their full potential, especially those who face economic and social barriers. Since July 2021, Goodwill’s young adult programming has already made an impact, reaching 1,840 individuals. For more information about the center’s programming, visit [www.goodwillky.org](http://www.goodwillky.org). For more on The Spot, visit [www.thespotky.org](http://www.thespotky.org).

(Cont. from page 1) you’re new to JCPS or exploring new school options, the Choices Books are invaluable in navigating the district’s diverse offerings.

If you’re new to JCPS and haven’t registered yet, representatives at the event can guide you through the registration process and answer any questions about enrollment requirements and school options. For more details on registration, please contact the Office of School Choice at (502) 485-6250.



To make it easier for families to attend, JCPS will offer a Showcase Shuttle from multiple locations across Louisville. Please note the last bus will depart the Norton Healthcare Sports and Learning Center at 1 p.m., so plan accordingly. Children under age 3 and strollers are not permitted on JCPS buses transporting families to the Showcase. Pick-Up/Drop-Off Locations include Ballard High, Blue Lick Elementary, Cane Run Elementary, Hudson Middle, Male High, Mill Creek Elementary, Perry Elementary and Southern High. For questions contact 502.485.6250 or scan the QR code.

Healthy Recipes



Feta Dip / Spread

Serves: 4-5/2 TBSP Est. cost: \$4.10  
Est. cost per serving: \$1.10



Ingredients:

- 2 cups yogurt, non-flavored (e.g Greek, Oat, whole)
- ½ cup feta cheese, crumbled
- 2 tbsp olive oil (canola oil, vegetable oil, ghee)
- 2 tbsp lemon, zest
- ¼ cup kalamata olives, drained, diced small
- ½ cup cucumber, chopped small (substitute: celery)
- To taste, Salt and pepper

Equipment: medium bowl, whisk/spoon

Directions:

1. Whisk Greek yogurt, feta cheese, oil, and lemon zest in a bowl for 1-3 minutes, until creamy.
2. Fold in (thoroughly mix in) olives, cucumber, and optional seasoning.
3. Place on top of roasted vegetables, or use as a dip for your fresh vegetables. Enjoy

Feta Dip / Spread

Nutrition Facts		
Serving Size	1 Serving	
Amount Per Serving		
Calories	172.5	
% Daily Value*		
Total Fat	12.3 g	16 %
Saturated Fat	2.8 g	14 %
Trans Fat	0.1 g	
Cholesterol	12.5 mg	4 %
Sodium	441.8 mg	19 %
Total Carbohydrate	5.4 g	2 %
Dietary Fiber	0.5 g	2 %
Total Sugars	3 g	
Added Sugars	0 g	0 %
Protein	10.3 g	
Vitamin D	0 mcg	0 %
Calcium	118 mg	9 %
Iron	0.2 mg	1 %
Potassium	141.7 mg	3 %
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Health Benefits:

**Greek Yogurt** has pre-biotic properties which can help support the growth of the good bacteria in the gut while reducing the growth of the bad bacteria. It can also be used to help alleviate gastrointestinal issues including gas and bloating.

**Lemon zest** is the outside peel of the lemon, that still has beneficial effects, such as, providing an antioxidant + anti-inflammatory agent, Naringenin that fights inflammation and a powerhouse for cancer by being an antibacterial and anti-cancer (alkaloids) agent.

References: Recipe provided by LA Dixon, 2024

Horoscopes

**Aquarius 1/20-2/18** Don’t give up just yet! Your card this week, the 7 of Pentacles, is reminding you that anything worth having can’t be achieved overnight. Perhaps you’ve been working on a project or area of your life and haven’t yet reaped the rewards of your efforts. Understandably, this has been a source of frustration for you. Remind yourself that this wasn’t an easy task and take pride in the effort you’ve already put forth. Your hard work and patience may not have paid off just yet, but they will soon enough.

**Pisces 2/19-3/20** The Knight of Wands is an impulsive card, indicating feelings of restlessness that can lead to turbulence in your life. This week, you’re being asked to look at a decision you’re facing and consider the consequences of acting in haste. You may have been ready to choose which path to take, but perhaps you should take a second look before you leap. This isn’t an easy thing to do when you’re excited about something, but this card serves as a reminder that a well-laid plan makes for long-term success.

**Aries 3/21-4/19** You can breathe a little bit easier, because relief has arrived this week! The Star is signaling a reprieve after a period of great change or difficulty. While this turmoil has not been easy for you to go through, you have been able to endure whatever challenges life has thrown your way. What lessons have you learned? What were you able to let go of that was holding you back? How will you move forward differently? Now is the time to shed the old you, so you can emerge as the person you were meant to be.

**Taurus 4/20-5/20** It could feel like you’re caught up in conflict this week! The 5 of Wands indicates you’ve been trying to work toward some type of goal but are being met with obstacles that get in the way of your progress. Perhaps you feel as though your point of view is being challenged, or it could be you’re finding it difficult to work with a specific person. Either way, you’re being challenged this week to truly listen to others’ opinions. You might find that what initially seemed like criticism was actually constructive feedback that will help you in the long run.

**Gemini 5/21-6/20** You could find yourself committed to a new cause this week! The Hierophant is a card that represents belief systems, traditions, and institutions. You may have been feeling lost, aimless, and in need of direction. If you’ve been considering joining a new group, now is the time! Being surrounded by people of a similar mindset could offer you the type of community you’ve been missing. These allies could eventually become a powerful source of support as you explore the person you’re becoming.

**Cancer 6/21-7/22** The 5 of Pentacles acknowledges that you’ve fallen on hard times recently. Have you suffered a job loss? Are finances not flowing as easily as you’d like them to? These kinds of struggles don’t just take a toll on your pocketbook – they can become emotional, mental, and spiritual burdens as well. Don’t shoulder the weight of the world by yourself. This week you’re being encouraged to call out to your friends and family for help. All difficult periods pass eventually, but they pass much more easily when you have support.

**Leo 7/23-8/22** The High Priestess is primarily a card about intuition. This week, you’re being called to work on your perceptive skills, so that you can fine-tune your ability to hear your inner voice and receive messages from your unconscious mind. Have you been out of balance in a certain area of your life? Are you unsure if you’re on the right path regarding a specific situation? This card is encouraging you to connect with your internal wisdom, because the answer you’re seeking is already inside of you.

**Virgo 8/23-9/22** The 9 of Swords indicates that you are suffering from some kind of loss or disappointment right now. This could have been something you saw coming, or it could have been something sudden and unexpected. Regardless, this stress has been weighing on you, possibly making you feel as though you’ll never recover from this situation. Take the time necessary to grieve and heal, keeping in mind that although what you’re going through is tremendously difficult, you can move on and grow from this experience.

**Libra 9/23-10/22** Everything is coming up roses in your domestic world this week! The 10 of Cups is a very positive card, signifying uplifting emotions and successful relationships. You may end up spending more quality time than usual with your family, or it’s possible you’ll see things blossom in matters of the heart. Take the time to look around you and give thanks for all the blessings that are coming your way. It’s not very often we get to float on cloud nine, so enjoy every second of it!

**Scorpio 10/23-11/21** You can run, but you can’t hide this week! The 7 of Swords acknowledges you may be trying to avoid or escape a situation you’re better off confronting head-on. Have you been putting off a tough conversation with a friend? Not yet ready to talk with your partner about where your relationship is headed? Are you letting professional tension build rather than dealing with it? Remember, dodging this issue won’t make it better. In fact, it could even make it worse. The time to deal with this matter is now.

**Sagittarius 11/22-12/21** It’s time to celebrate! The 4 of Wands recognizes you’ve been putting forth great effort toward your goals. While it’s tempting to keep charging forward, it’s nice to pause and simply appreciate all that you’ve achieved so far. Allow others to share in this commemoration of your success. This can be anything from hosting a small celebratory dinner to throwing a raucous party. Remember, you can still strive toward your goals while stopping every once in a while to enjoy the fruits of your labor.

**Capricorn 12/22-1/19** Success is within your grasp! The King of Pentacles is indicating you’ve got what it takes to create financial abundance in your life, and now you just need to move forward with whatever ideas you may have been contemplating. Have you been considering starting a new business venture or investment of some kind? This could be the signal you’ve been waiting for to go for it – but don’t just charge ahead. Coming up with a plan and getting all your ducks in a row will ensure you see the most fruitful outcome possible. *Tarot.com*

BLACK OWNED BUSINESS & EXCELLENCE Awards 2024

NOMINATIONS CLOSE NOV 3RD @MIDNIGHT!

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